

A. Ortega Twins Bio Video

Videos

AUDIO	VIDEO
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Luz: Ortega Twins

Our grandfather, the late Joaquin Ortega, the first civilian governor of La Union held office in 1901.

He is married to lola Francisca Lacsamana Ortega of Bangar and they had 14 children.

In this photo, we can see Lola Paca and Papa Bisting dancing at the ancestral house.

He died in 1943, not realizing that he would have numerous descendants who would become public servants in the province of La Union.

The incumbent governor is Francisco Emmanuel "Pacoy" Ortega III. His brother Alfred is the mayor of San Fernando. The Congressman is Pablo Ortega, my first cousin. Lolo Joaquin and Lola Paca have children with twins. Tentay had twins Joaquin and Antonio Panis. They our first cousins.

Anna Tuaño son Bernard have twins Mady and Macy. Jose Ortega son is Chitchit. Her daughter LJ have twins, Gabriel and Benjamin. Luis daughter Ofelia Kizlier have twins Selim and Kerim.

Pacoy Ortega son is Manoling. His son Pacoy III have twins Gabriel and Mikaila.

Our father is Bisting Ortega and our parents contributed us twins \_ Ma. Luz and Ma. Nila. We proudly call ourselves, the Ortega twins of La Union. Who knows our children will be produce twins in the family.

Nena Montilla daughter is Paquita Maglaya. His son is Eddie Paul.

Eduardo twins are Roman and Laurent.

The late Judge Evaristo Ortega and Rosa Ubaldo Ortega our parents had six children.

They are Emily, Manong Steve, Manang Rocio, Flor, Luz and Nila.

Our papa and mama contributed their own twins and we, my twin Nila and I became incontrovertible statistics.

We twins were among the 200 sets of twins and triplets who attended the First Festival of Twins held at Intramuros, Manila on January 22, 2004.

The late Sr. Pilar Verzosa, the cousin of Nila's husband, Pacifico Argel, invited us. Sr. Verzosa belonged to the Religious of the Good Shepherd and founder of Pro-Life Philippines.

Wearing identical Balintawak costume, a Filipina dress with butterfly sleeves, in a plaid pattern, we received the Most Colorful Attire Award.

Ortega twins ancestral house



In the Footsteps of La Madre: STA. TERESA DE AVILA

AUDIO	VIDEO
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NILA: Ortega twins \_ Ma. Luz O. Bolong, ocds and Ma. Nila O. Argel, Ocds. To my indispensable "Pair" God has made us two leaves in this branch of the tree of life. Two leaves, that dance with the beam of the rays of the sun, and murmur with the trickles of rain.

The '50s had given us the chance to grow and enjoy the mirth of innocence.

When we were kids, mama and papa made sure people would not mistake us as ordinary sisters. They dressed us like twins\_ and our joy and our parents' were limitless. We were practically inseparable\_ we shared the same room and bed, went to the same school.

The '60s imbibed in us the thrill of adolescence. High school friends are some of the best friends a person can have. We had fun times with our classmates and coming close to God by joining the religious organizations like Sta. Teresita and Lourdesiana.

The '70s unfolded before us the scrolls of responsibility going to school at the University of Santo Tomas. After graduation in 1974, we worked for a while at the National Media Production Center at Intramuros, Manila.

Mama gave us roots and wings. We flew to Canada where aunt Lourdes and brother Steve lived.



AUDIO	VIDEO
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Then the waves of the '80s rushed in the threw us in unexpected relationships.

The '90s witnessed the growth of a new life cycle with the birth of the children and start of the Sea and Sky Establishments. Tourism Secretary Gemma Cruz-Araneta - Miss International 1964, becoming the first Filipino and Asian to with the title delivers her message to the graduates SASCI-ANS....



God bless! 1999\_ the Year of God the Father is the start of our persevering discipleship.



Maintain Perspective-- Make God your first priority.

God is our greatest source of fulfillment and devotion. Bible teaches that after God, spouse then children. Nurtured our children to ripen.



Hot air balloon at Cappadocia, Turkey Legacy

Living a balanced life — A mixture of family, apostolate, part-time teaching, travelling, relaxing and making your dreams come true.



AUDIO	VIDEO
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The duty of Christians to take part in the life of the Church impels them to act as witnesses of the Gospel and of the obligations that flow from it. This witness is a transmission of the faith in words and deeds. Witness is an act of justice that establishes the truth or makes it known.

In making God the number one priority in life, He will provide for our daily needs.



Baptism Vows Renewal at Yardenit, River Jordan



LEAVING A LEGACY

Our book "In the footsteps of La Madre: Sta. Teresa de Avila is the greatest legacy that we will leave to our heirs.

Life my dear twin, really goes around and round but full of wonders to be seen. My indispensable pair, my God-given biological pair let us pray that God enkindle in us the warmth of life — and see our fruits mature to witness their own life cycle.



The theme and logo for the 500<sup>th</sup> anniversary of the arrival of Christianity in the Philippines in 2021 dubbed "500YOC "Gifted to Give", is taken from Matthew's Gospel (10:8).

*Watch Around the World  
in 84 Days  
teaser*

The metamorphosis (Born 1954) ...

*The Journeys*

*that were...*



**1974 UST graduate**

## Jubilee and Millennium Year Pilgrimage in 2000 at Bethlehem



## Gifts giving of two statuettes of God the Father at Coimbra, Portugal



## 2002 Visit \_ Mother Prioress, Sr. Celine at parlor



**Luz touches the Silver Star at the Church of the Nativity**



# God the Father statuette Birthday Gift to Pope John Paul II \_ 2004

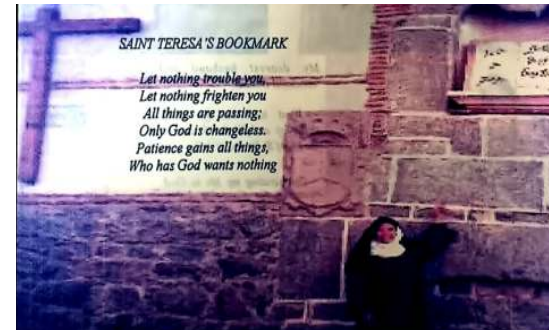


**St. Peter's Square**

# Twins at different destination \_ 2004



**Train from Rome**



**Luz at Spain**



**Nila at France**



# Special moments at the Gregorian University \_ 2004



**Class Picture with Archbishop John Foley and Professor Fr. Jacob Srampickal**

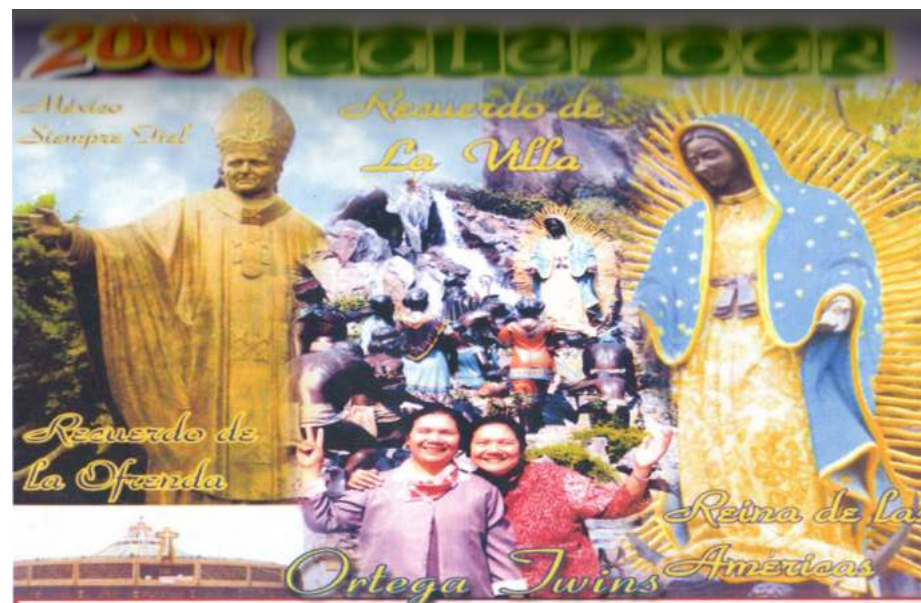


**Graduation \_ Director Robert White, SJ**

# At Our Lady of Guadalupe, Tepeyac Hill, Mexico City \_ 2006

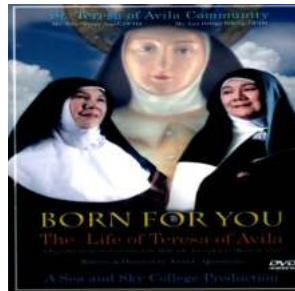


**Juan Diego canonized Saint In 2002**



# Carmel Hue, Vietnam Centennial Jubilee Celebration \_ 2009

# One moment of our Carmelite life \_ 2010



## Stage Play \_ La Union, Ilocos Sur, Manila



Attracted with brown Vietnamese Carmelite habit

# March 28, 2015\_ 5th Birth Centenary of St. Teresa

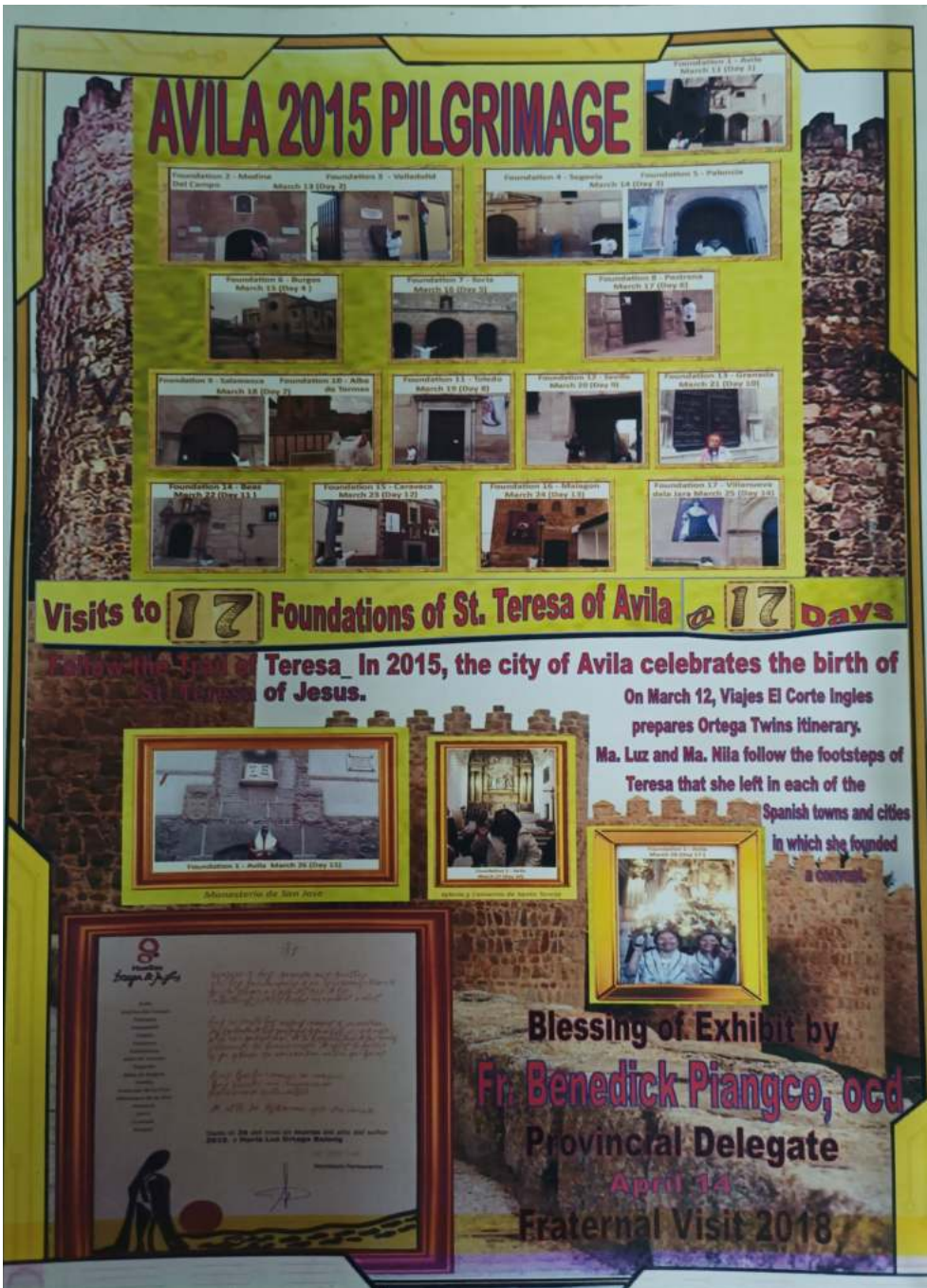
## AVILA 2015 PILGRIMAGE

Visits to **17** Foundations of St. Teresa of Avila in **17** Days

Following the footsteps of Teresa\_ In 2015, the city of Avila celebrates the birth of St. Teresa of Jesus.

On March 12, Viajes El Corte Ingles prepares Ortega Twins itinerary. Ma. Luz and Ma. Nila follow the footsteps of Teresa that she left in each of the Spanish towns and cities in which she founded a convent.

**Blessing of Exhibit by Fr. Benedick Piangco, ocd Provincial Delegate April 14 Fraternal Visit 2018**



## Superior Gen. Saverio Cannistra, OCD Ortega Twins Baptismal Anniversary at Spain



# 100th Anniversary of the Miracle of the Sun \_ 2017

# 84 days Gift giving of St. Teresa de Avila's statuettes to the seven continents



**Luz**



**Niia**

**Basilica of Our Lady of the Rosary of Fátima**



**EUROPE**



**AFRICA**



**NORTH AMERICA**



**SOUTH AMERICA**



**ANTARCTICA**



**OCEANA**



**ASIA**

# Carmelite Monastery in Greece with the English speaking Friar



**Retreat Master**



**Mother Prioress**



# The Catholic priest at the Greece airport



**Fr. Paul Fenech with Luz**



# OCDS House of Prayer \_ 2024



## Our monthly meetings



### Easter Renewal of Vows

I, Maria Lucia of God Our Father

of the St. Teresa of Avila Community (La Union)

desiring to follow the Crucified and Risen Christ in the Secular Order of Carmel, renew my vows, and I promise to tend toward evangelical perfection in the spirit of the evangelical counsels of chastity, poverty and obedience, and of the Beatitudes, according to the Constitutions of the Secular Order of Discalced Carmelites. I confidently entrust my promise to the Virgin Mary, Mother and Queen of Carmel.

Easter Renewal of Promise: Prescilla and Edith





**Nuestra Senora de la Luz**



**Nuestra Senora de la Asuncion**



Nuestra Senora de la Asuncion de Maasin of Southern Leyte visits Nuestra Senora de la Luz at Sea and Sky College before proceeding to next host, the Archdiocese of Nueva Segovia on November 13, 2024.

## blessings

A child whispered,  
"God, speak to me"  
And a meadowlark sang.  
But the child did not hear  
So the child yelled,  
"God, speak to me!"  
And the thunder rolled across the sky  
But the child did not listen.  
The child looked around and said,  
"God let me see you"  
And a star shone brightly  
But the child did not see.  
And the child shouted,  
"God show me a miracle!"  
And a life was born  
But the child did not know.  
So the child cried out in despair,  
"Touch me God, and let me know you are there!"  
Whereupon God reached down  
And touched the child.  
But the child brushed the butterfly away —  
And walked off unknowingly.



## Divorce Bill

### EPILOGUE

August 14, 2020

In the Footsteps of La Madre

Imprimatur Archbishop Emeritus Salgado

*A life is written not to call attention to the wonderful achievement of an individual but to bear witness to the wonderful, on-going action of God in history or an on-going presence of God in the world." \_ Robert Ellsberg*

We twins have found a treasure in God way back in 1999 — the year St. Pope John Paul II has proclaimed as Year of God the Father. Having found the treasure we exert every effort not to lose it but to share His friendship to others. In that way, to bring others to love Him and also to seek to do His Will as we have pledge to do it for the rest of our lives.

God's active presence in our lives are manifested in our life stories. Isaiah is trying to say it's almost beyond our imagination — higher than the heavens are above the earth. That's what we experience if we listen deeply to the Gospel message of Jesus if we've been following his life because there are certain times where incidents happen that remind us that God's ways are not our ways. Take for example the accident that happened on July 7, 2020 when I slipped at the doorstep after throwing our garbage outside that was drizzling.

The following day, after seeing an orthopedist; having a cast; and ordered to take a rest I told my sister to postpone the shooting. But she did not agree reasoning that everything has been set — studio, cameraman and make-up artist. So, I made the script at the computer using one hand at the keyboard. With God's grace, the shooting was finished to our delight.

On July 21, the government officials announced that the city of San Fernando, La Union has reverted to "enhanced community quarantine" (ECQ). Back at the hospital on July 24, the x-ray shows the growth of the bones has not fully developed and advised to go back on August 19.

We thank the Lord for the grace of bestowing on us the treasure of faith, and sharing it to others. The Mission to Speak Against the Divorce Bill

Steadfast on her moral beliefs, Luz, the Academic Dean of the Sea and Sky College invited Hon. Manuel C. Ortega to speak House Bill 6993 in their commencement exercises. Cong. Ortega said, "If your marriage is as solid as the marriage of Danny and Luz and if you don't believe in divorce, then do not avail of it."

Luz gave a statuette of God the Father to Hon. & Mrs. Manuel Ortega & family. Somehow, a statuette in his possession shall bring him to espouse more relevant bills for the Filipinos. It is interesting to note that in Cong. Ortega's oath-taking last June 30, 2001, he announced that he would no longer re-file his Divorce Bill.



Frankly, I for one a devout Catholic is against his bill. And, as President of Region I Travel Agencies Association, I initiated two activities last year - first, the La Union Layag Dambana ng Bayan Sea Festival, a ritual beside the sea and second, the blessing of the 12-foot statue of God the Father for the People's Earth Charter a first in Philippine history - both held at the Sea and Sky Hotel. Officials from the National Commission for Culture and Arts and National Historical Institute with government officials, religious groups and non government agencies attended.

It is ironic, therefore, that La Union - the province known for unity and harmony- the site where we had this Consecration to God the Father, is now the same province that is initiating divorce.

I believe Cong. Manoling Ortega will not be angry with me as he is used to this kind of debate. I know he is prepared to answer all our questions including the article which said the divorce bill is dead.

I had the courage to express this opinion

for aren't we in a democracy? His reasons, valid or not are worth hearing from the person himself. This divorce issue has a bearing on our tourism course and regional thrust in the sense that anything that affects the common order affects the community.

As future torch bearers of tourism, decision-makers and manpower of society, you should, therefore, bear in mind to be conscious and aware of current issues, of on-goings in your community and not just be onlookers. And from this consciousness is your duty to deliberate on matters at hand, including the bill to legalize divorce.



Guest of Honor and Speaker Hon. Manuel C. Ortega (middle) at SAS College Graduation Exercises last March 2000.

The ECQ and cast not yet removed give me the reason in extending my stay at San Fernando and shoot our last video entitled "Unflinching Faith" for our book entitled, "In the Footsteps of La Madre, 3rd Edition.

## B. Bantay ni Ama ken Maria

October 11, 2024

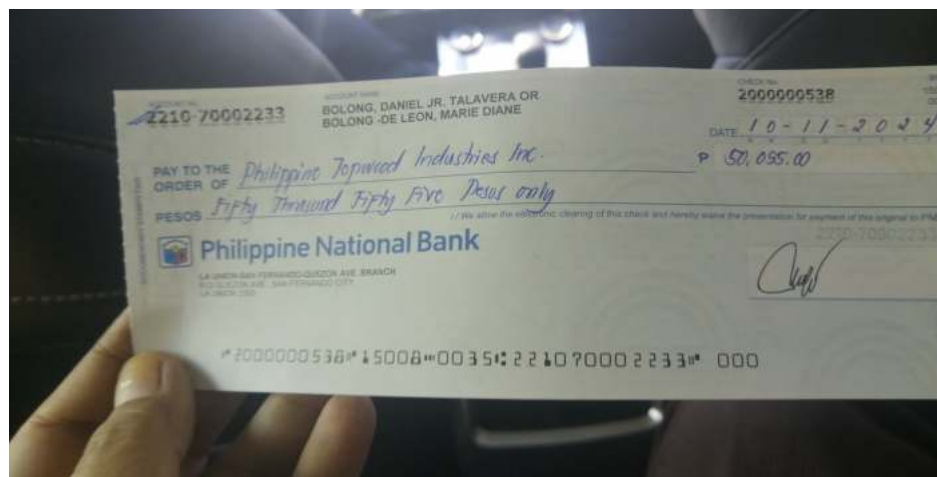
Dear All,

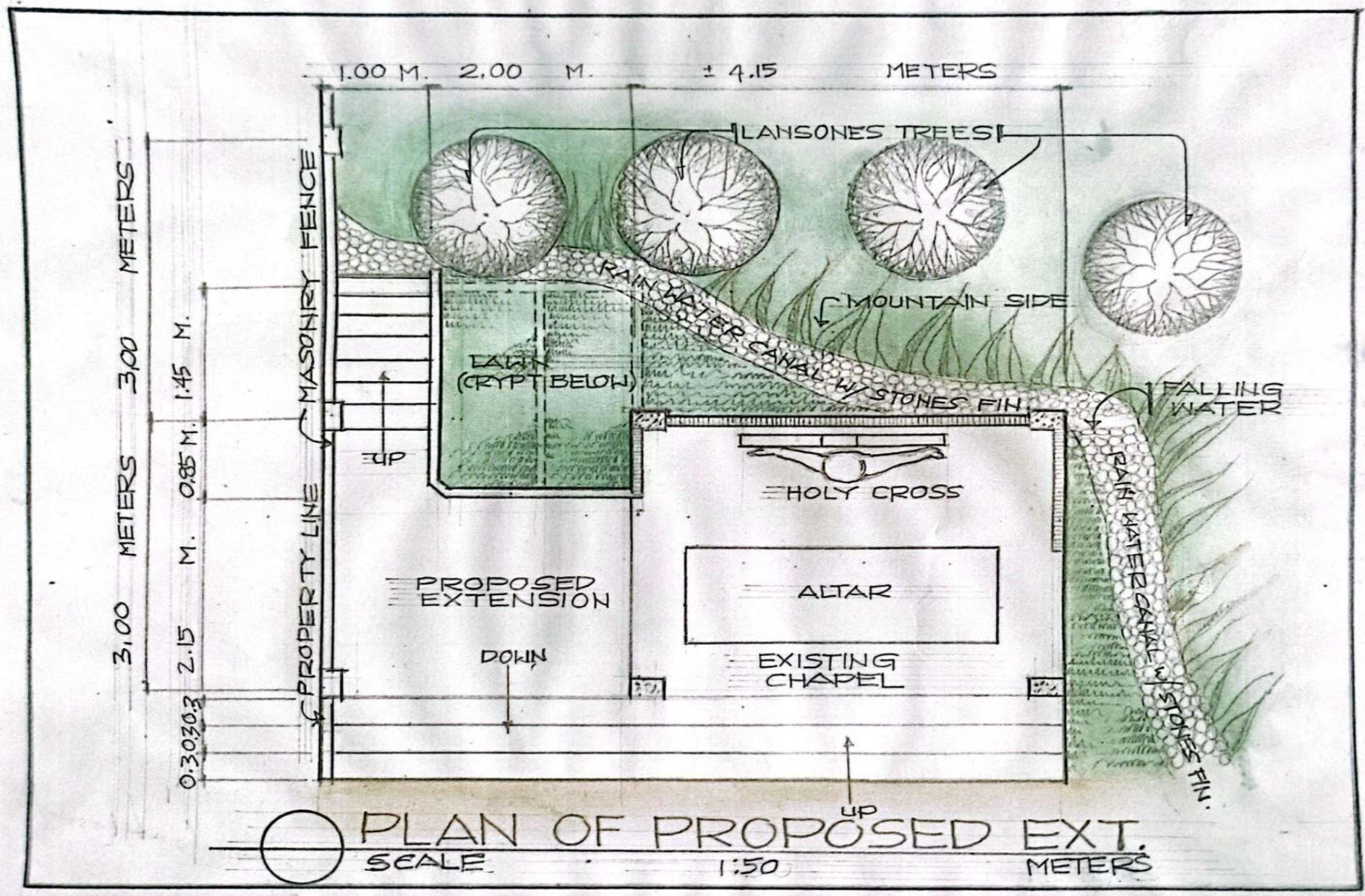
The House of God (Bethel) formerly called Luz as recorded in the Bible needs to be completed ASAP. Thus we plead to ask for forgiveness to our loved ones whom we hurt so much in following the will of God.

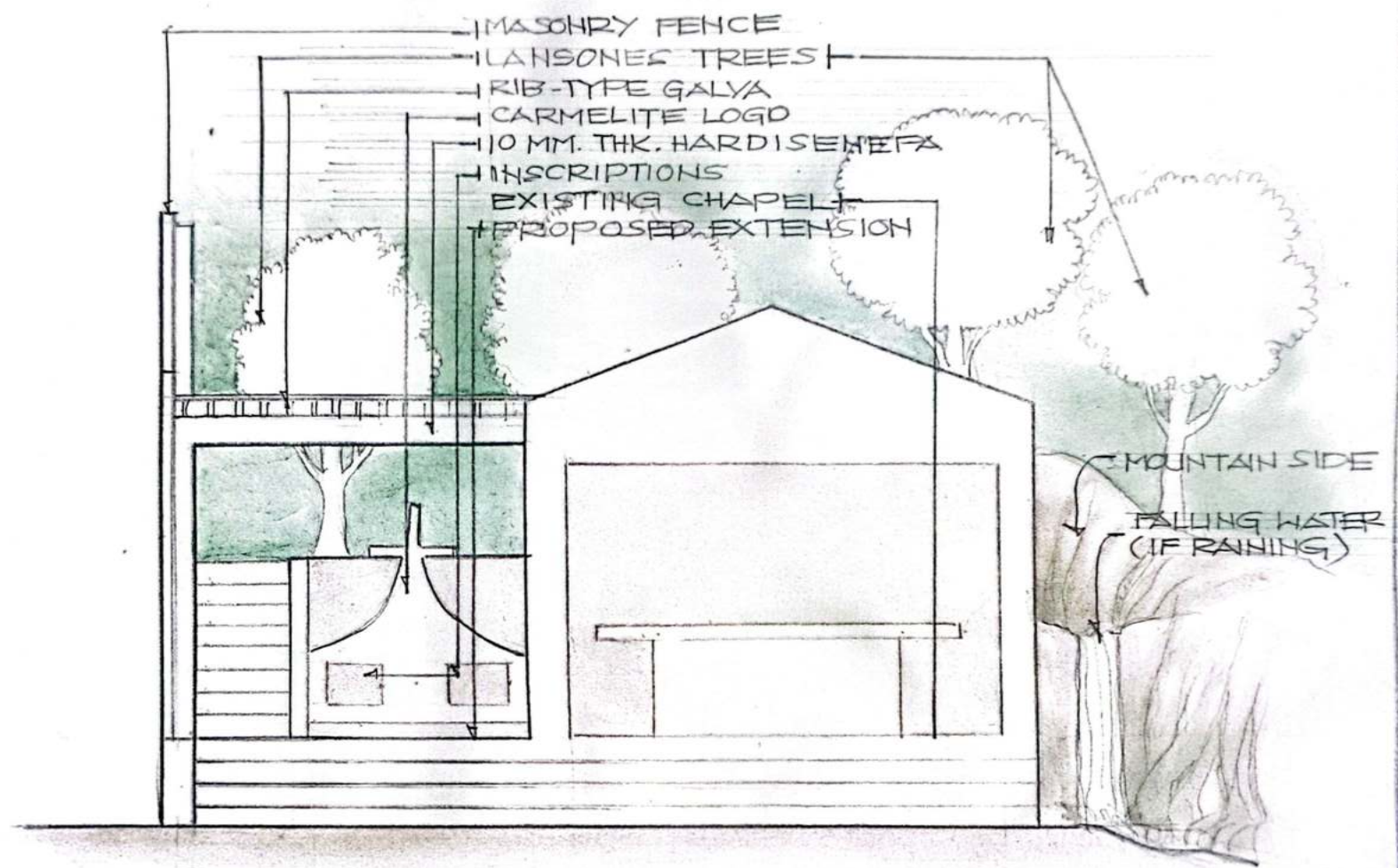
The amount of ₱30,000 will certainly make Bnatay ni Ama ken Maria be in the world map of giving glory to God as the Holy Trinity is well depicted.



Oct 11, 2024  
Dear all,  
The House of God (Bethel), formerly called Luz as recorded in the Bible needs to be completed ASAP. Thus we plead to ask for forgiveness to our loved ones whom we have hurt so much in following the will of God.  
The amount of ₱300.00 will certainly make Bantay ni Ama ken Maria be in the world map of giving glory to God as the Holy Trinity is well depicted.







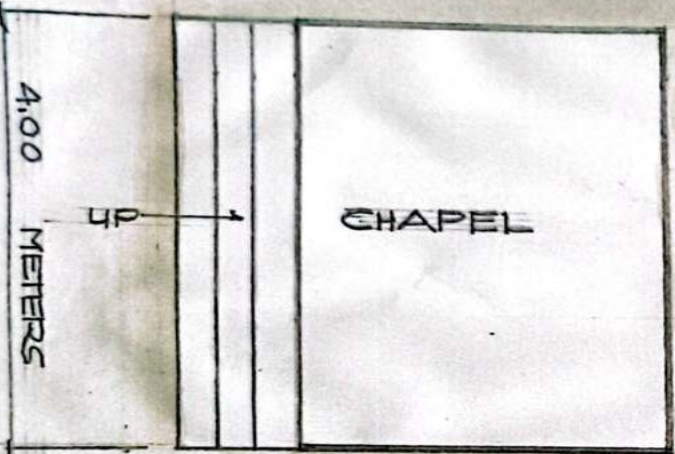
- MASONRY FENCE
- LANSONES TREES
- RIB-TYPE GALVA
- CARMELITE LOGO
- 10 MM. THK. HARDISEMIFA
- INSCRIPTIONS
- EXISTING CHAPEL
- PROPOSED EXTENSION

- MOUNTAIN SIDE  
 - FALLING WATER  
 (IF RAINING)

FRONT ELEVATION  
 SCALE 1:50 METERS



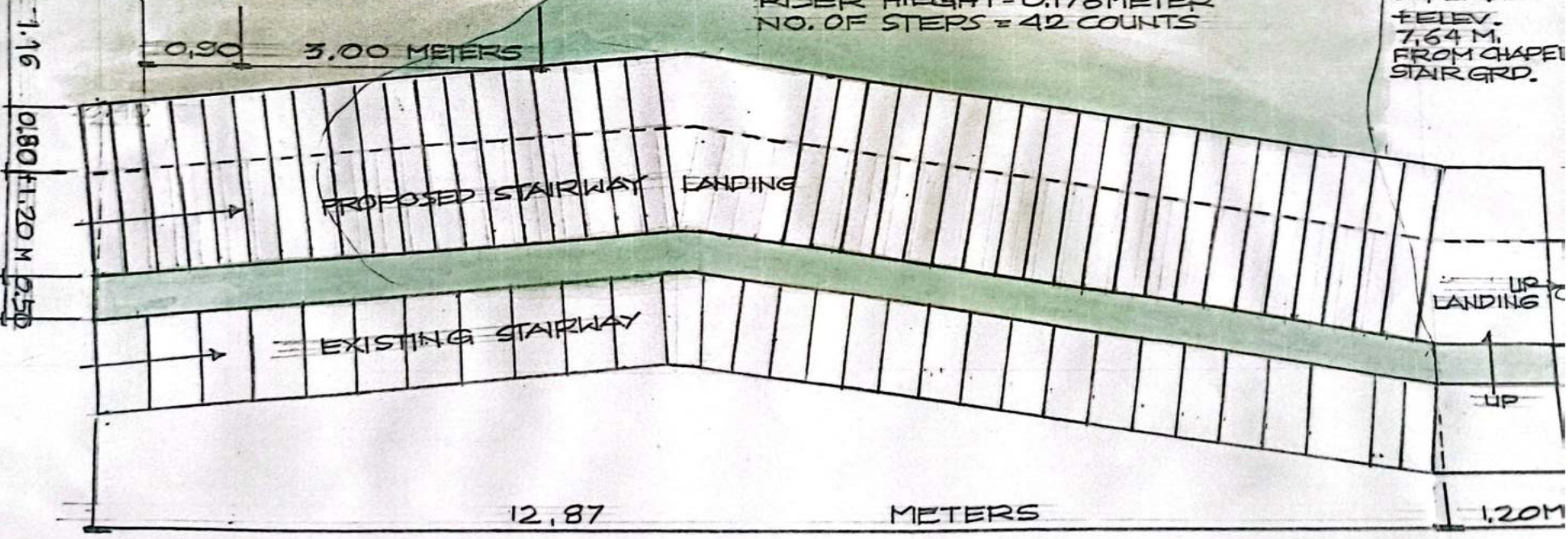
PROPOSED PROJECT:  
**CONCRETE STAIRWAY**  
SCALE 1:60 METERS  
DRAWN AND PREPARED BY, JIMMEL C.S.



MOUNTAIN SIDE

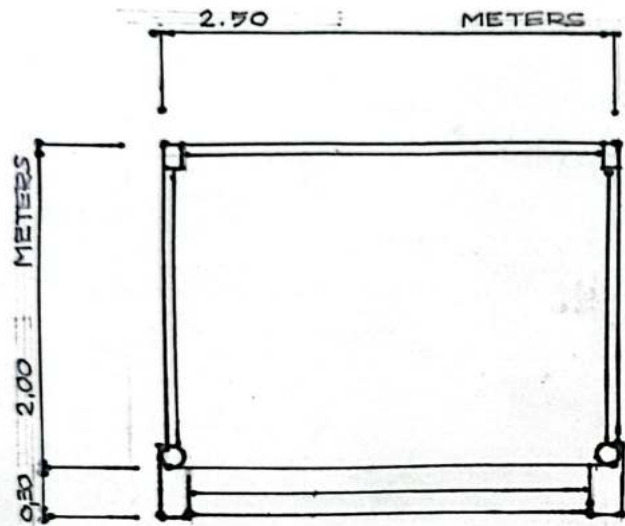
STAIR DATA:  
TREAD WIDTH = 0,30 METER  
RISER HEIGHT = 0,178 METER  
NO. OF STEPS = 42 COUNTS

PLAIN AREA  
ELEV.  
7,64 M.  
FROM CHAPEL  
STAR GRD.



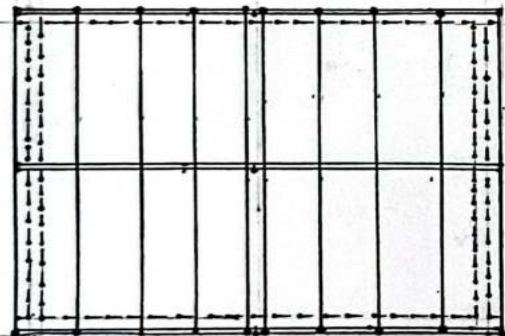
12,87 METERS

1,20 M



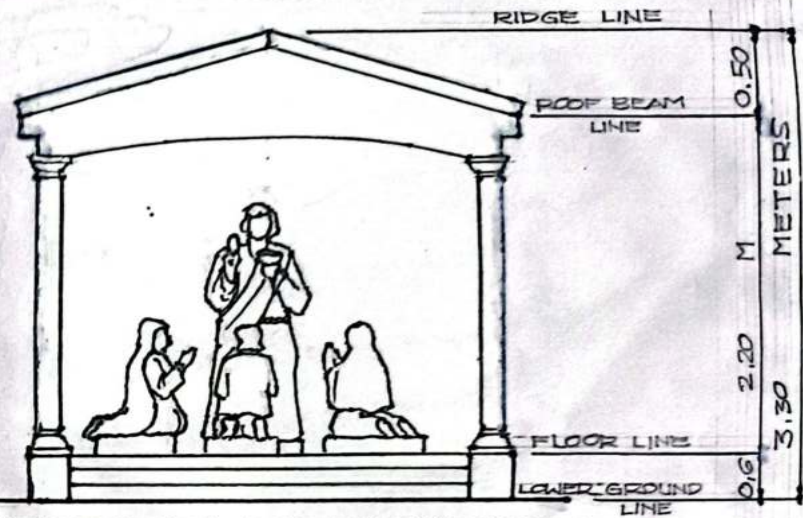
**FLOOR PLAN**

SCALE : 1:80 METERS



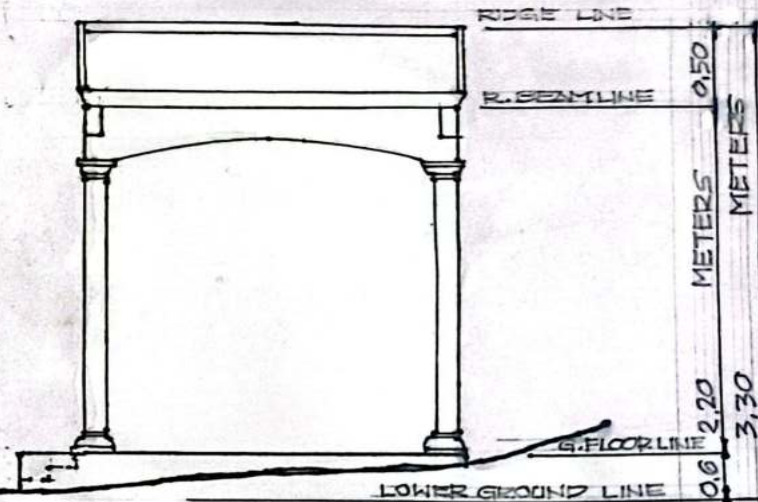
**ROOF FRAMING PLAN**

SCALE 1:80 METERS



**FRONT ELEVATION**

SCALE 1:80 METERS



**TYP. SIDE ELEVATION**

SCALE 1:80 METERS



In the diocese of Cleveland there is a parish named Sts. Cosmas and Damian. It is located in the city of Twinsburg, which hosts the annual Twins Days Festival the first weekend of August.

It is the largest annual gathering of twins and multiples in the world. The festivities date back to 1976 when the community looked for a way to celebrate the nation's bicentennial and being Twinsburg it only made sense to celebrate twins.

Over the ensuing 43 festivals, more than 77,000 sets of twins and multiples have attended, attracting national and international media attention including those folks from Guinness World Records.



It was a pity though that we are not able to enter the church since our visit was at 4 o'clock in the morning.

This church was built during the end of XV 15th century until first half of XVI 16th century. It was dedicated to Saints Cosmas and Damian who were the well-known medical doctors. Today this is active parish church. This active parish church is beautiful.



At Burgos, Spain, God willed that we see the Church of Sts. Cosmas and Damian. Luz woke up at 2 o'clock in the morning to talk with her daughter Ludi and read the brochure we got from the hotel's front office earlier. She saw the Church of Sts. Cosmas and Damian and so we went out of the hotel at 4 a.m. It was chilly morning with -1 degree centigrade recorder at the monitor along the streets. There was a man whom we asked for directions. He pointed at the Church and Nila is reminded of our papa who could have helped us see the Church. It was a pity though that we were not able to enter the church so we prayed outside the Church.



This church was built during the 15th century. It was dedicated to Saints Cosmas and Damian who were the well-known medical doctors. Today this is active parish church. You can find the mixture of different styles, such as gothic, plateresque and baroque in this church.

### Monte Cassino

During our Jubilee 2000 pilgrimage, we went to Monte Cassino Abbey, one of the more important Catholic monasteries where the tombs of St. Benedict and his twin sister, St. Scholastica are located. At the High Altar of Monte Cassino's Basilica Church under a Latin inscription, which translates, "St. Benedict and St. Scholastica were never separated in the spirit during their life nor are their bodies separated in their death."



Two sets of twins: Ma. Luz and Ma. Nila pose at the footsteps of the Monte Cassino Abbey, Italy where statues of Sts. Benedict and Scholastica are enshrined.

### Twin Saints fill Ortega twins with delight and surprises of God

God certainly gives surprises but seeing places associated with twin saints Benedict and Scholastica and Cosmas and Damian is beyond our expectation. Thanks to the Benedictine nuns at Pantay, Fatima, Vigan City, Ilocos Sur we, twins, were privileged to stay at the St. Cecilia Monastery at Rome run by the nuns of the Benedictine Order. Santa Cecilia in Trastevere is a 9th century monastic and titular church and minor basilica located at Piazza di Santa Cecilia 22 in Trastevere.

The dedication is to St Cecilia, by tradition a 3rd century Roman martyr. She is the patron of musicians. Twin Saints Benedict and Scholastica gave up everything to follow Christ in the monastic life. They were twins born into a wealthy family around 480 A.D. near the town of Norcia in Italy. The earthly remains of Sts. Benedict and Scholastica rest together at the High Altar of Monte Cassino's Basilica Church under a Latin inscription, which translates, "St. Benedict and St. Scholastica were never separated in the spirit during their life nor are their bodies separated in their death."

Monte Cassino is a rocky hill about 130 kilometres southeast of Rome, Italy, 2 kilometres to the west of the town of Cassino and 520 m altitude.

Cassino is a comune in the province of Frosinone, Italy, at the southern end of the region of Lazio. The city is best known as the site of the Abbey of Montecassino.

Having been dutifully cared for, the earthly remains of St. Benedict and his twin sister St. Scholastica rest today at the celebrated hilltop monastery of Montecassino. Both Saints passed away in the mid 6th century, St. Scholastica at her nearby convent and St. Benedict at Montecassino. A black marble scroll on their tomb says: St. Benedict and St. Scholastica were never separated in spirit during their life nor are their bodies separated in their death. The original urn was made of alabaster, and held a lead container big enough for two people's remains. It was initially located underneath the primitive oratory of St. John the Baptist, built above the ancient acropolis' pagan altar to Apollo.

The tomb of St. Benedict and St. Scholastica, having survived so many centuries, destructions, and more recently the bombardment of WWII, can be found today at the High Altar of the reconstructed cathedral of Montecassino, surrounded by ornate and beautiful decorations.

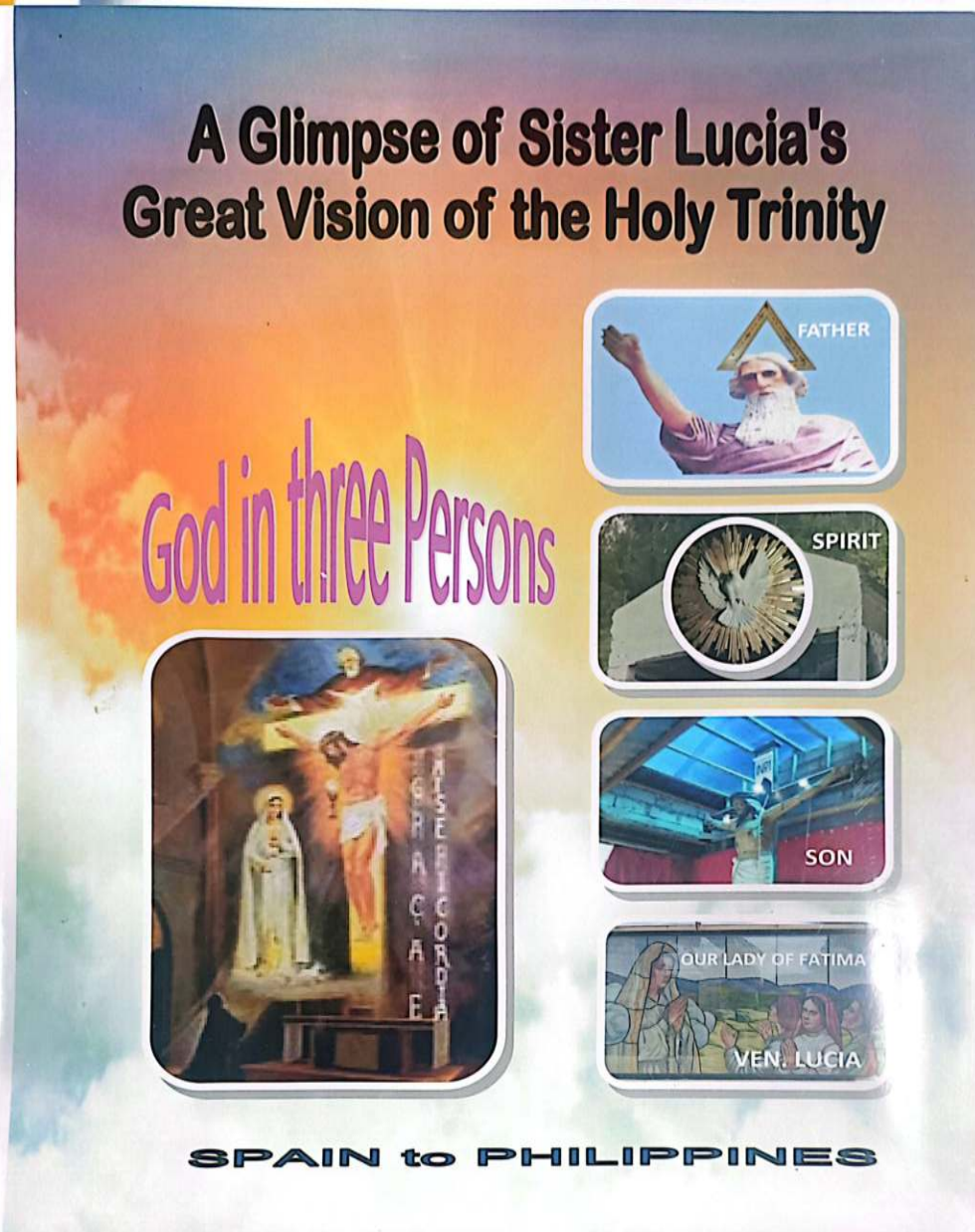


St. Benedict



St. Scholastica

February 25, 2004\_ Rev. Fr. Adlaan blessed statues of St. Benedict and St. Scholastica at the house of Ma. Luz located at Carlatan, San Fernando City, La Union.



Argel, Maria Nila Ortega, ocds  
Bolong, Maria Luz Ortega, ocds

Nihil Obstat:

Msgr. Alfonso V. Lacsamana  
Parish Priest  
Our Lady of Perpetual Help Parish Church  
Pagdalagan, City of San Fernando LU

Imprimatur:

Most Rev. Daniel O. Presto, D.D.  
Bishop  
St. William's Cathedral  
Diocese of San Fernando de La Union

November 19, 2024  
Feast of Our Lady of Divine Providence

FRONT COVER:

**A Glimpse of Sister Lucia's  
Great Vision of the Holy Trinity**

The Front Cover depicts Sister Lucia's Vision at Tuy, Spain, and a vision to action in the Philippines. "Being alone one night, I knelt down before the communion rail in the middle of the chapel to say the prayers of the Angel, lying prostrate. Feeling tired, I got up and knelt, and continued to say them with my arms in the form of a cross. The only light came from the sanctuary lamp. Suddenly a supernatural light illumined the whole chapel and on the altar appeared a cross of light which reached to the ceiling. In a brighter part could be seen, on the upper part of the Cross, the face of a man and His body to the waist; on His breast was an equally luminous dove, and nailed to the cross, the body of another man. A little below the waist, suspended in mid-air, was to be seen a Chalice and a large Host onto which fell some drops of Blood from the face of the Crucified and from a wound in His breast. These drops ran down over the Host and fell into the Chalice. Under the right arm of the Cross was Our Lady with Her Immaculate Heart in Her hand... (It was Our Lady of Fatima with Her Immaculate Heart... in Her left hand... without a sword or roses, but with a crown of thorns and flames...). Under the left arm (of the Cross), some big letters, as it were of crystal clear water running down over the Altar, formed these words: "Grace and Mercy." I understood that it was the mystery of the Most Holy Trinity that was shown to me, and I received lights about this mystery which I am not permitted to reveal. Then Our Lady said to me: 'The moment has come when God asks the Holy Father to make, in union with all the bishops of the world, the consecration of Russia to My Immaculate Heart, promising to save it by this means. So numerous are the souls which the justice of God condemns for sins committed against Me, that I come to ask for reparation. Sacrifice yourself for this Intention and pray.'"

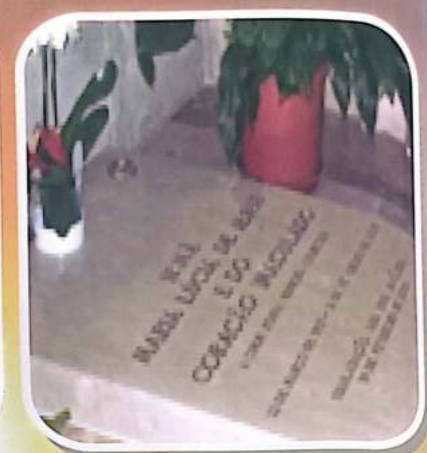
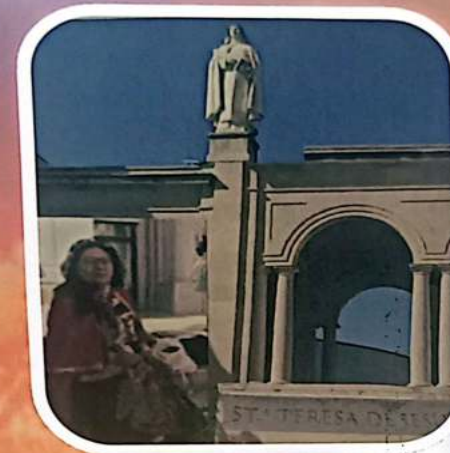
Inside Back Cover Continuation ... A Glimpse...

Front Cover Continuation ... A Glimpse...

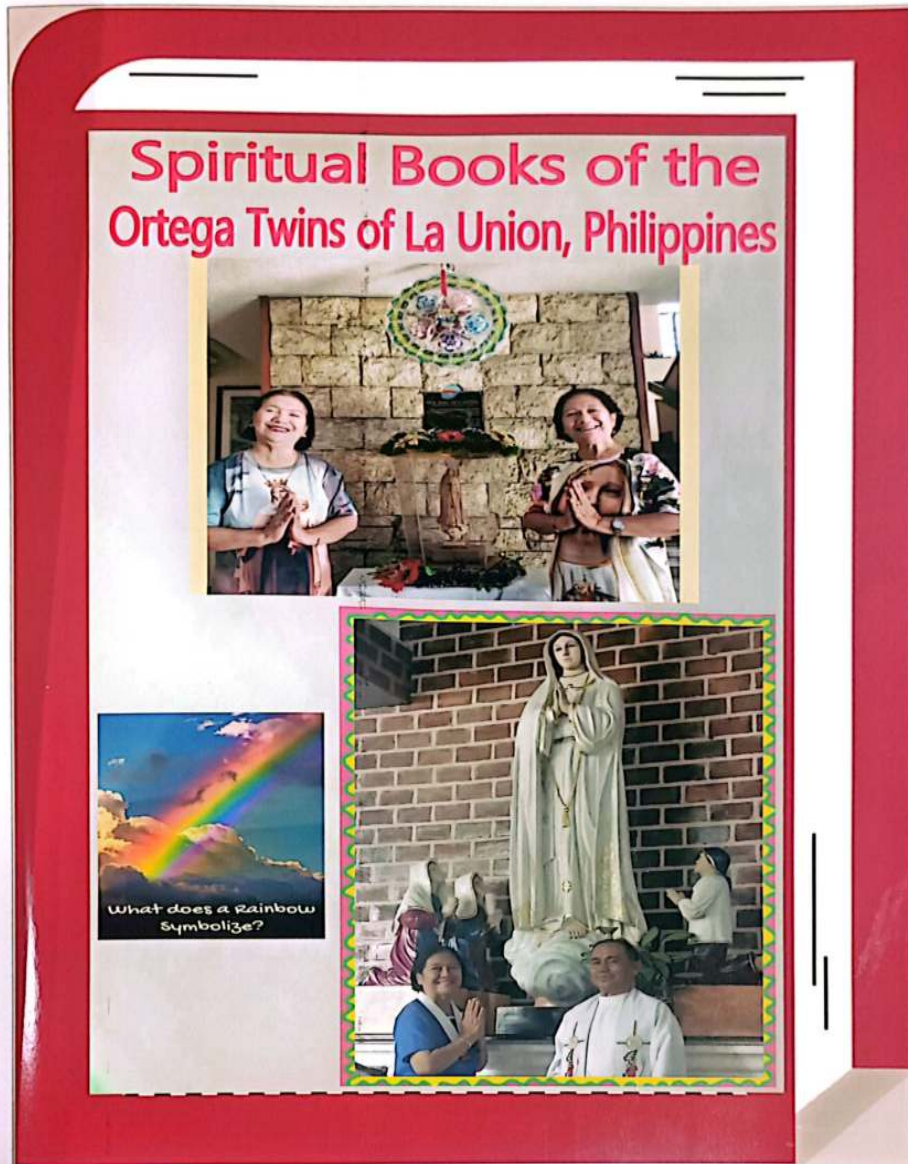
The vision that happened in Tuy, Spain on June 13, 1929, actualized on the 25th Anniversary of the La Union Consecration of the Philippines to God the Father on October 19, 2024.

The Lord has made holy "Bantay ni Ama ken Maria" (Mountain of Father and Mary) at Pag-daraoan, City of San Fernando, La Union, Philippines where He dwells; this is the House of God, in which His Name will be invoked, as it is written: 'My name Sea and Sky God the Father Tower shall be there, says the Lord.' The equilateral triangle is a symbol of the Holy Trinity. God the Father, God the Son, and God the Holy Spirit are no longer represented in human form, or as dove, but by this geometrical figure. This 'God-Logo' is placed on the head of God the Father statue. Holy Spirit figure: Central to Catholic teaching are the seven gifts of the Holy Spirit: wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord. The image of the Crucified Christ: God the Son statue had witnessed the making of the God the Father statue at the sculptor shop. The owner offered to Luz because the former customer failed to claim. The image was transferred from the Sea and Sky College to the chapel in Sea and Sky God the Father Tower on September 29, 2024. Our Lady of Fatima and the Three Children original stained glass panel by Renmark R. Gooc, Philippines. Sister Lucia added her 11th commandment: "Do whatever God tells you. That is what Our Lady wants."

True to the Carmelite Spirit doing the "Little Way" the Ortega Twins of the Philippines offer this document as contribution towards the Canonization of Venerable Lucia.



**The Ortega Twins at the Sanctuary of Our Lady of Ortiga and Fatima Parish Church, Portugal**



Argel, Maria Nila Ortega, ocds  
 Bolong, Maria Luz Ortega, ocds

November 23, 2024  
 Feast of Pope Clement

Nihil Obstat:

fjs-

Rev. Fr. Jose Tagupa, SVD  
 WAF La Union Spiritual Director  
 Parish Priest  
 Our Lady of Fatima Parish  
 Burgos, La Union



Inside Front Cover:

**Spiritual Books of the  
 Ortega Twins of La Union Philippines**

In our Marian 2002 pilgrimage at Fatima, Portugal, Luz was attracted to a beautiful multi-colored statuette of Our Lady of Fatima. Her mantle changes its color according to the weather conditions, from blue (sunny) to violet (cloudy) to light pink (rainy). The statuette is currently placed in the lobby of the Sea and Sky Hotel, San Fernando, La Union.

Writing our first spiritual book was done by twin Nila upon the encouragement of Abbot Santos Rabang. He was her professor when she studied Religious Education Enrichment Program of the Archdiocese of Nueva Segovia in consortium with St. Paul College of Ilocos Sur. Finishing four booklets - God the Father, God the Son, God the Holy Spirit and Mary, Luz ventured to co-author our succeeding books.

The Holy Gospel for November 20, 2024 speaks of the Lord who has giving each of us talents to work with for the sake of His Kingdom. Each one of us is given a special mission. For us twins we are driven to participate in the Church towards the beatification of Venerable Sr. Lucia during the Jubilee Year 2025.

Nila saw a rainbow on November 12 after our mass outside the Carmel of the Holy Family, Nun Monastery at Pindangan, San Fernando. It could be a message of hope that Venerable Lucia will be glorified after spending long time talking of Our Lady's message. Live the Ten Commandments. To this, Sr. Lucia added her 11th Commandment: 'Do whatever God tells you. That is what Our Lady wants.'

That is a message as relevant today as it was 90 years ago. Thus, offering our document, entitled, "Spiritual Books of the Ortega Twins of La Union, Philippines is a fitting gift to the Jubilee Year 2025, "Pilgrim of Hope".

### Inside Back Cover:

#### Marian 2002 Pilgrimage

Dreams are an important part of the Bible, appearing in many stories and passages. In the Bible, dreams can: Provide divine revelation, Indicate what someone should do, Reveal what is going to happen, Explain current events, Show a symbol that is important for a believer's life, Warn a Christian about a future event, Convey a certain message. At 12 midnight on August 4, 2002, the feast day of God the Father, Luz had a dream. Waking up she had a strong desire to visit Sr. Lucia at Fatima, Portugal. When we departed for our Marian 2002 Pilgrimage, we Twins were not aware if Sister Lucia is still alive. Arriving at Carmel of Coimbra, it was a delight to learn from Mother Celine that Sr. Lucia is at her cell but one needs an approval to see her. The Basilica is a must to see. On the right side of the altar is the burial site of Francisco and on the left side of the altar is the burial site of Jacinta and Lucia. Luz poses beside the empty tomb for Sr. Lucia.

#### Fatima 100 Pilgrimage 2017

Sister Lucia died February 13, 2005. On our Fatima Pilgrimage in 2017, we twins failed to see her resting place because notice were posted on the walls that the Basilica was closed in preparation for the anniversary activities. Reading the burial account of Sr. Lucia no wonder we did not see the remains of Sr. Lucia because her remains were still at the Coimbra Convent. On February 2, 2019, Lucia's remains were transferred to the Basilica of Our Lady of the Rosary of Fatima, and deposited near the tomb of her cousin Jacinta.

It is said that the resting place of Sister Lucia may not be final because, there is a proposal to place the three seers in a mausoleum, yet to be built. The reason, they argue, is that it is not fitting that Mass at the Basilica be interrupted by pilgrims visiting their tombs at the Church.

Unaware that Lucia's remains were not yet at the Basilica, we were saddened when entrance to the Basilica was prohibited because preparations for the coming activities were ongoing. However, we Twins were consoled by Our Lady instantly. We twins were interested in going to the site of the Apparitions of Our Lady of Ortiga. Our Lady of Ortiga, also known as Ortega, is a Marian shrine located in Ortiga, Portugal. A couple brought us twins to the Sanctuary of Our Lady of Ortega. Before going home, we were dropped by the Church where the shepherd children were baptized.

#### Jubilee Year 2025 Pilgrimage

We had attended pilgrimages of Saints at the St. Peter's Square, Vatican City. On October 6, 2002 we attended the canonization of Josemaria Escriva de Balaguer. On May 16, 2004, we witnessed the canonization of Hannibal Mary Di Francia Joseph Manyet i Vives, Nimatullah Kassab Al-Hardini, Paola Elisabetta Cerioli. Since we are celebrating Jubilee Year 2025, with the theme, "Pilgrims of Hope, we hope and pray for the grace to be bestowed on Venerable Sr. Lucia of Fatima. It would be a dream come true for attending a Beatification and/or Canonization of Venerable Lucia at Fatima, Portugal. We recall that Venerable Lucia wanted a canonization of cousins Francisco and Jacinta at Fatima and indeed Francisco, 11, and Jacinta, 10, were the youngest non-martyrs canonized in the history of the Church on 13 May 2017 during the centennial of the first apparition at Fatima, Portugal.

The original stained glass panel at the chapel of Sea and Sky God the Father Tower were in the image of Venerable Lucia is between two saints\_ St. Francisco and St. Jacinta commissioned by Maria Luz Bolong, OCDS is a fitting gift for a future saint.



Marian 2002 Pilgrimage



Fatima 100 Pilgrimage 2017



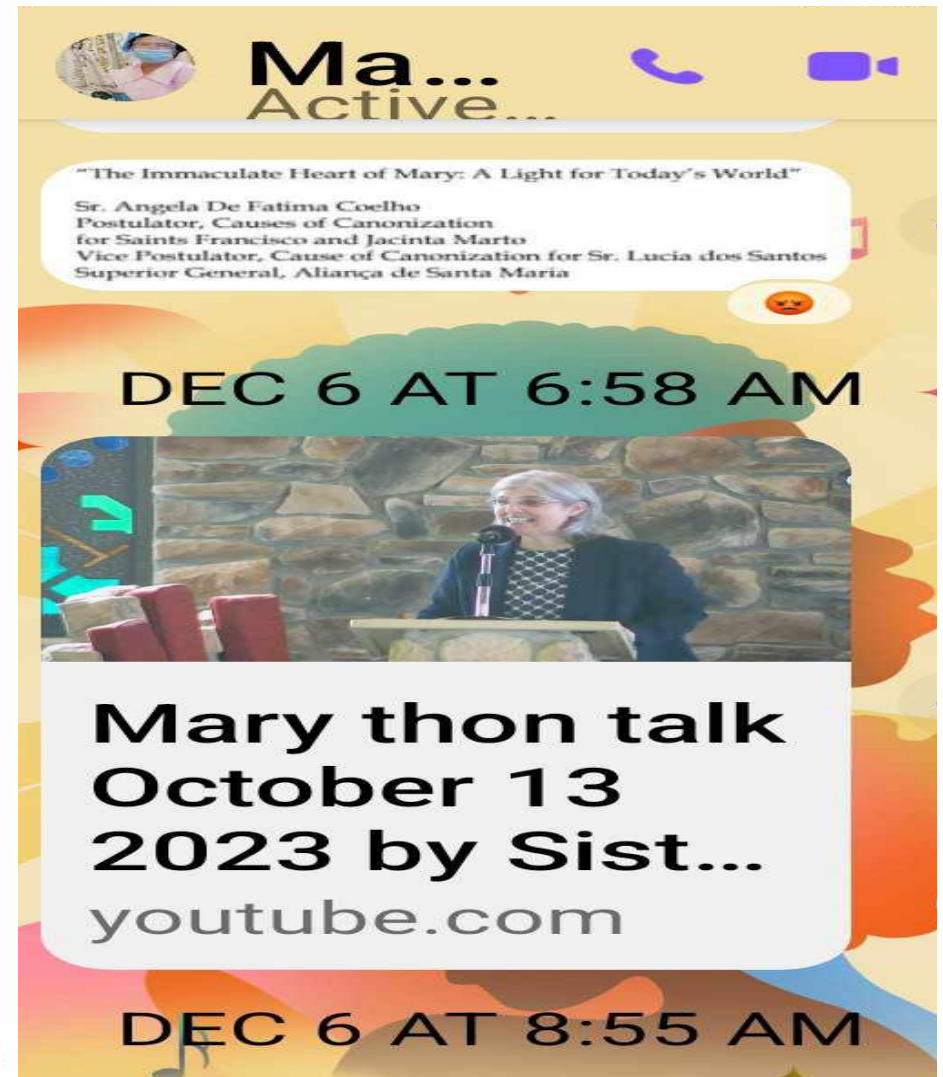
Jubilee Year 2025 Pilgrimage

Article

Gift-Giving of "A Glimpse of Sr. Lucia's Great Vision of the Holy Trinity to Sr. Angela de Fatima, Vice Postulator of the Cause of Sr. Lucia's Beatification/ Canonization

Rebecca Cahilog, Vice President WAF La Union Diocese registered our names for the National Fatima Convention on the Centenary of the First Five Saturdays Devotion on December 10, 2024 at the Chapel Landmark Trinoma, Quezon City. However, Nila beg off to attend because she was away from her Vigan home for nearly a month on October for the preparation of the 25th anniversary of the La Union Consecration of the Philippines. She asked that a substitute be looked to reimburse the payment of P1,500 registration fee.

On December 6, Luz sent a video of the guest speaker during her talk on October 13, 2023. I was so inspired listening to Sr. Angela De Fatima Coelho, that I watched it three times. Then, I decided to go to San Fernando and join the Convention.



Fr. Marco Chiesa, from the Province of Genoa, is the Postulator General. Fr. Marco was born in 1976 in Crema (Italy). He made his first vows in 1996 and was ordained a priest in 2002.

He obtained a degree in Liturgy from the Pontifical Institute of St Anselm. Fr. Chiesa, postulator for the canonization of Fatima's Sister Lucia says:

The canonization process has been complex due to collecting factual documents on Sister Lucia's 97 years of life and navigating her close relationships with the Vatican and Pope John Paul II during the reveal of the third secret of Fatima.

A person like Lucia was always in the spotlight—even though she was in the monastery, waves of letters were coming in of requests for her. Someone so important all over the world, known all over the world, maintains that humility, that simplicity of recognizing that Christ is important.

Fr. Chiesa believes Sister Lucia will be canonized a saint as her message of perseverance continues to spread throughout the Church and the world.



St. Teresa Community

December 8, 2024  
Solemnity of the Immaculate Heart

Sr. Angela De Fatima Coelho  
Vice Postulator, Cause of Canonization for  
Sr. Lucia dos Santos  
Superior General, Alianca de Santa Maria



Diocese of La Union

Dear Superior General Sr. Angela De Fatima Coelho:

Twin Luz forwarded your talk and I, Nila listened immediately. You mentioned that your job is for Ven. Lucia to be beatified/canonized. After her canonization, you are free.

Well, Sr. Angela, we twins are submitting two documents \_ A Glimpse of Sister Lucia's Great Vision of the Holy Trinity" and Spiritual Books of the Ortega Twins of La Union Philippines. Hopefully, Sr. you will find our testimonies worthy for consideration in support for the Cause of Sr. Lucia's canonization. Then you will have your well deserved retirement!

After the preparation of the documents, Luz read this:

Proclaimed "Venerable" if a miracle due to her intercession is then authenticated, she can be beatified, unless, in the light of innumerable graces received in the world by her intercession, Pope Francis prefers to dispense the cause of the examination of a miracle, which would hasten her Beatification.

Our joy is limitless in doing God's Will and a third visit to Fatima for the beatification/canonization of Ven. Lucia within the Jubilee Year 2025 will be heavenly. Thank you very much.

Yours truly in the Spirit of Carmel,

MARIA LUZ O. BOLONG, OCDS  
PAST PRESIDENT 2014-2017

MARIA NILA O. ARGEL, OCDS  
IMMEDIATE PAST PRESIDENT 2017-2023

SECULAR ORDER OF DISCALCED CARMELITES, ST. TERESA COMMUNITY,  
CITY OF SAN FERNANDO, LA UNION, PHILIPPINES

PRESIDENT VICE PRESIDENT  
WORLD APOSTOLATE OF FATIMA, DIOCESE OF LA UNION, SAN FERNANDO CHAPTER, PHILIPPINES

The above letter was changed as we also prepared a copy for Fr. Marco Chiesa, OCD.



# WORLD APOSTOLATE OF FATIMA PHILIPPINES, INC.

A PUBLIC INTERNATIONAL ASSOCIATION OF THE FAITHFUL OF PONTIFICAL RIGHT

## NATIONAL CENTER

Ground Floor FAUMPCO Bldg., Fatima Avenue, Marikina, Valenzuela City, Metro Manila 1440 Philippines  
email: wafphilippines.nrc@gmail.com | wafphilnationalcenter@gmail.com



### PROGRAM NATIONAL FATIMA CONVENTION ON THE CENTENARY OF THE FIVE FIRST SATURDAYS DEVOTION

December 10, 2024

Mary Mother of Hope Chapel, 4<sup>th</sup> level, Landmark Trinoma  
North Avenue corner Mindanao Avenue, Quezon City

#### "The Story Continues: Know, Live, and Spread the Fatima Message"

7:30 to 8:30 a.m.

**Arrival of the Attendees and Registration**

8:30 to 9:30 a.m.

**Enthronement of the First Saturday  
Devotion Pontevedra Centenary Image**

**Holy Rosary**

**Welcome Message**

**Message and Catechesis on the First  
Saturday Devotion Pontevedra Centenary  
Image**

**Most Reverend Guillermo D. Afable, D.D.**  
*National Spiritual Director  
World Apostolate of Fatima of the Philippines*

9:30 to 11:00 a.m.

**First Topic:**  
*"The Immaculate Heart of Mary: A Light for  
Today's World"*

**Sr. Angela De Fatima Coelho**  
*Postulator, Causes of Canonization for  
Saints Francisco and Jacinta Maria  
Vice Postulator, Cause of Canonization for  
Sr. Lucia dos Santos  
Superior General, Alouca de Santa Maria*

11:00 a.m. to 12:00 noon

**Second Topic:**  
*"The Message of Fatima:  
A Call to Prayer and Hope"*

12:00 noon to 2:00 p.m.  
**Angelus and Lunch Break**

2:00 p.m. to 2:30 p.m.

**Marian Songs**

2:30 p.m. to 4:00 p.m.

**Third Topic:**  
*"The Children of Fatima: Models of Holiness"*

**Sr. Angela De Fatima Coelho**

4:00 p.m. to 5:00 p.m.

**Panel Discussion:**  
*"The Message of Fatima: The Call for  
Reparation and Consecration"*

**Most Reverend Guillermo D. Afable, D.D.**

**Sr. Angela De Fatima Coelho**

**Mrs. Debra A. Andales**  
*National Formation Coordinator  
World Apostolate of Fatima of the Philippines*

5:00 p.m.

**Preparation for the Eucharistic Celebration**

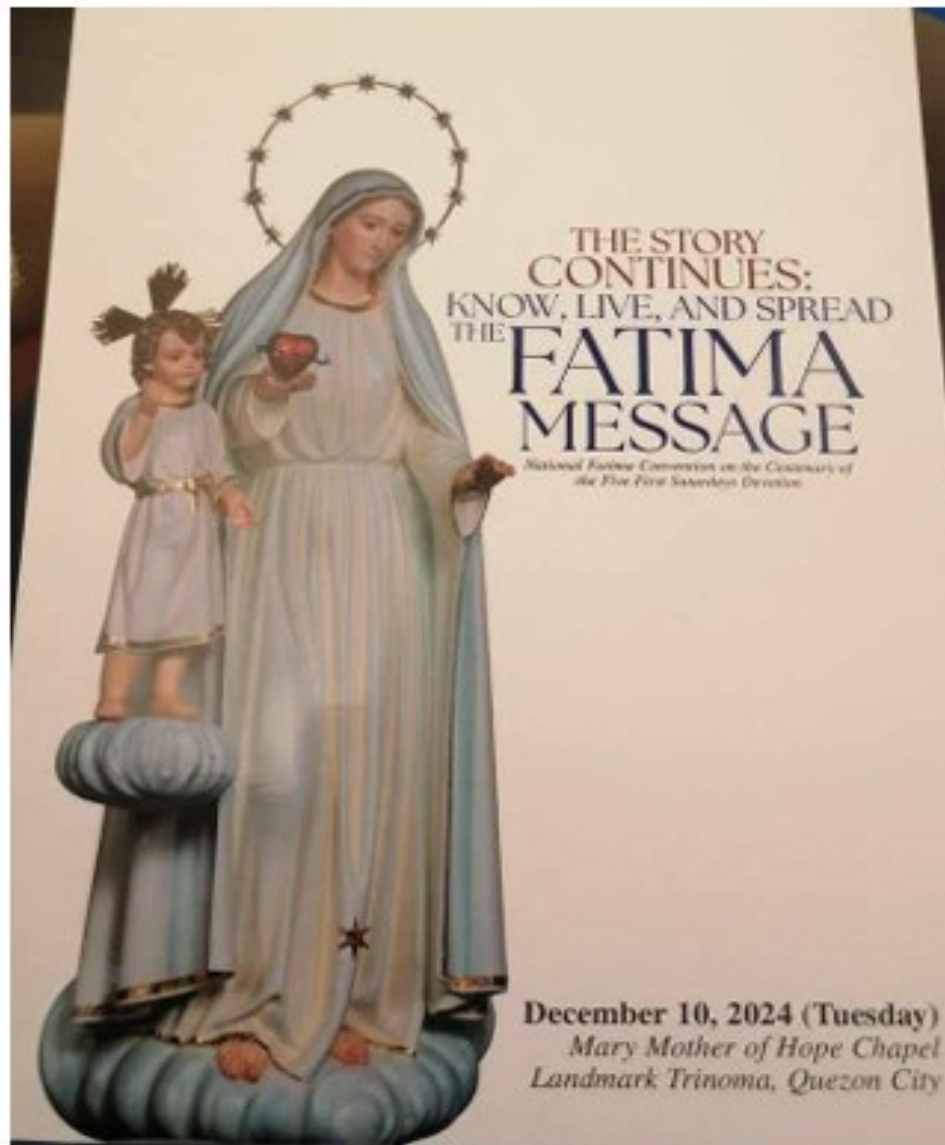
5:30 p.m.

**Eucharistic Celebration**

**Launching of the 2025 Visit of the First  
Saturday Devotion Pontevedra Centenary  
Image**

*Expected end of the program: 7:00 p.m.*

*Note: Program schedule might have changes,  
but all registered attendees will be informed  
through email or text message. Thank you.*



**December 10, 2024 (Tuesday)**  
*Mary Mother of Hope Chapel  
Landmark Trinoma, Quezon City*



Sr. Angela De Fatima Coelho



Diocese of La Union Bishop  
Most Rev. Daniel O. Presto, D.D.



Luz waves handkerchief \_ statue of Our Lady passes in procession



Fatima expert shares message of hope for young Filipinos



Sister Angela Coelho, postulator for the canonization of saints Francisco and Jacinta Marto and vice-postulator for the beatification cause of Sister Lucia, speaks at the National Fatima Convention on the centenary of the Five Saturdays Devotion in Quezon City, Dec. 10. CBCP NEWS

A visiting Portuguese sister who played a key role in the canonization of two Fatima children shared words of hope for young people grappling with doubts about their faith and lives.

Sister Angela Coelho, who was the postulator for the canonization of Francisco and Jacinta Marto, acknowledged the struggles many young people face today, expressing that they often feel lost and unsure of what lies ahead.

To those feeling adrift, Sr. Coelho offered a message of hope: "Turn to the Blessed Mother."

Recalling the message of Our Lady of Fatima, Sister Coelho described the Blessed Mother's heart as a "refuge" — a safe place in times of difficulty.

"A refuge is a safe place, is a shelter where we go when everything seems lost," Sr. Coelho said. She explained that the Blessed Mother not only provides comfort but also guides believers to God and helps them find meaning in life. "Many young people are struggling with the meaning of their lives, which leads to sadness and despair," Sr. Coelho said. "Our Lady is the one who can help us rediscover that meaning and, in turn, bring true happiness."

Sister Coelho is also the vice-postulator for the beatification cause of Sister Lucia, the third of the Fatima visionaries, and the superior general of the Portuguese congregation Aliança de Santa Maria.

Speaking on Tuesday before more than 1,300 participants at the National Fatima Convention on the Centenary of the Five Saturdays Devotion in Quezon City, she emphasized that the lessons learned from the Fatima children remain relevant today. "One of the key lessons," she said, "is to put God at the center of your life." While many believers feel God's presence, she noted, it is often on the periphery rather than in the center.

According to her, the Fatima children learned to place God at the core of their lives. This centrality, she explained, is key to shaping one's priorities and decisions.

She added that much of human suffering stems from placing God on the periphery and allowing secondary concerns to take precedence.

"When we mix everything up, we lose energy, we feel depressed and sad," she said.

The convention, organized by the World Apostolate of Fatima (WAF) Philippines, also marked the launching of the Pilgrim Image of the Immaculate Heart of Mary of Pontevedra.

The image will travel to dioceses across the country, promoting the message of Fatima and the Five First Saturdays Devotion from February to December 2025.

WAF Philippines national spiritual director Bishop Guillermo Afable encouraged the devotees to help spread the devotion in their respective parishes, ecclesial communities, and other sectors of society.

"In the upcoming Jubilee Year of Hope 2025, while welcoming in our dioceses the visit of the Pilgrim Image of the Immaculate Heart of Mary of Pontevedra, I enjoin everyone to deepen our devotion to our Mother Mary, source of our joy and hope," he said.



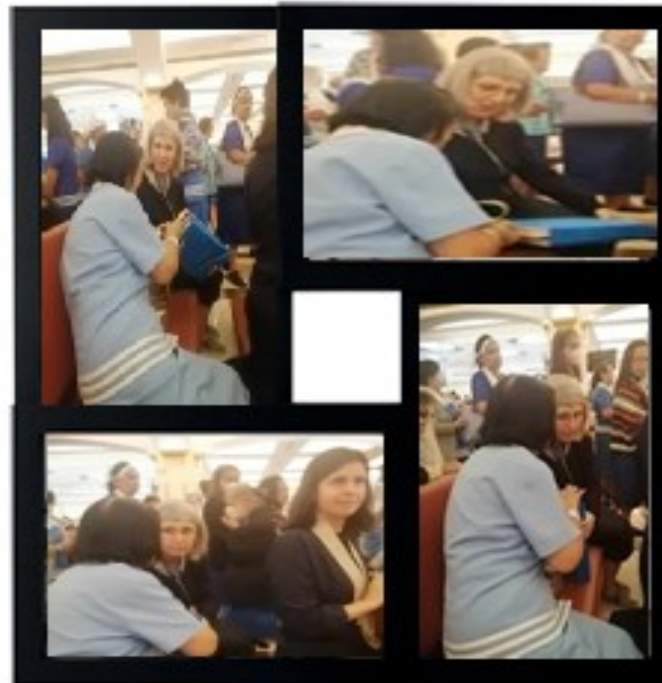
Having heard the talk of Sr. Angela Mary thon talk October 13, 2023 at home before going to Manila, more or less I already know that her talk will be very inspiring. Thus, we were very happy to be at the National Fatima Convention on the centenary of the Five Saturdays Devotion in Quezon City, Dec. 10.

## Luz gives 2 copies of Glimpse of Sr. Lucia's Great Vision of the Holy Trinity

We twins brought two copies of our document \_ A Glimpse of Sr. Lucia's Great Vision of the Holy Trinity. When we went over our copies, we were dismayed because there were missing pages. Upon scrutiny, we found that the missing pages were placed in succeeding pages. I went to buy double tape and the problem was solved.

We twins were ready to give the documents. During the break, we went to give her the document but was not able to catch her for she was already near the door. The next try was when Luz entered the door but was prevented by the convention committee head for he claims, Sr. Angela needs to rest. Allowed to wait at the seat outside the door so we can see Sr. Angela when she goes out, we failed again. She walked fast for the mass was about to start.

Finally, on our third attempt, Luz was able to give the documents. How did it happen. We saw Sr. Angela walking to receive Holy Communion. When she returned to her seat, the priests seated on the first five rows stood to receive Holy Communion, thus the seats were vacant. I motioned Luz to hurry up to give the documents. As seen in the pictures, Sr. Angela was receptive in listening to Luz. Luz later told me that she opened the bag and showed her there are two copies for her and Fr. Marco Chisea, the postulator.





#### D. Pilgrimage 2000-2025

This photo was taken September 25, 2002 in front of the Basilica of Our Lady of Fatima, Portugal during our Marian 2002 Group Pilgrimage. At the façade are the photos of Blessed Francisco and Jacinta beatified by Pope John Paul II on May 13, 2000.

Year 2002 was our first visit to Fatima. Although we went to a group pilgrimage on year 2000 there was a desire to go to Fatima after only two years. So it is an indication that we are brave and courageous in having our inspirations implemented.



We prayed at the Fatima Shirne (Cova de Iria), the Basilica with the tombs of the visionaries.

#### Visits to Fatima

1. September 2002\_ After the May 13 First Apparition  
Twins Prayed at the Sepulchers of Sr. Lucia's cousins Jacinta and Francisco Marto.
2. October 12, 2027\_ Luz rested at stairs going to the colonnade  
Saw the life-sized statue of St. Teresa of Avila  
October 13, 2017\_ 100th Anniversary of the Miracle of the Sun  
Luz receives revelation of God
3. November 29, 2025\_ Visit to Fatima

# 1. Marian 2002 Pilgrimage

## CARMEL OF ST. TORRA OF COIMBRA, PORTUGAL

During our thanksgiving mass at Our Lady of All Nations Chapel in Amsterdam, Fr. Danny, was invited to Lisieux to ask the intercession of St. Therese of the Child Jesus for him to get well. At the bus, Luz told me that we give him a copy of our petitions. At breakfast Luz handed him a copy and Fr. Danny commented that Sr. Lucia lives in Rome. We told him to check it with the sisters at Lisieux.



Statuette 4



Luz learned from Maria Lourdes Estella and Teresita, the sisters who were at the orientation that they got a letter from the Fr. Provincial of Portugal. When Fr. Danny arrived from Lisieux he said that he

dropped our petitions in the church but he was not able to see a sister. Luz told Fr. that the two sisters have a letter from the Fr. Provincial of Portugal and requested him to accompany us.

The following day we had a mass at the chapel of Our Lady of Sorrowful Mother. It was confirmed that Sr. Lucia lives at Coimbra and Luz convinced Fr. Danny to accompany us.

Sr. Lucy entered the Carmel of Coimbra on March 25, the day of the Annunciation and Holy Thursday of 1948. She received the name of Sister Mary Lucy of the Immaculate Heart. She made her profession on May 31, 1949. She was then forty-two years old.



Note from Fr. Provincial of Portugal (above l). Luz holds the statuette of God the Father at the Chapel of Carmel Coimbra while waiting for the go signal from Mother Superior (r). The group inside the parlor with Mother Superior (below).

Of the 47 pilgrims, five of us took a taxi going to the Carmel of St. Therese in Coimbra, Portugal. When we arrived, Fr. talked through the intercom and a sister let us in. Fr. informed her of our desire and the sister said she will inform the mother superior of our presence. While waiting we had pictures taken at the chapel. When she came back she told us that we need the Pope's permission to see Sr. Lucia. Luz told Fr. to show our letter of introduction from Bishop Antonio Tobias of La Union, the letter of Sr. Teresa Joseph OCD and the letter of the Fr. Provincial of Portugal. The sister left and when she came back she told us to enter.

We were happy when they let us see the Mother Superior. Luz told Fr. Danny to ask if they received our letter and book on God the Father. The Mother Superior said, yes with the lady sitting on the lap of God the Father. We gave two statuettes of God the Father made of fiber glass and lahar; one for Mother Prioress and the other for Sr. Lucia.

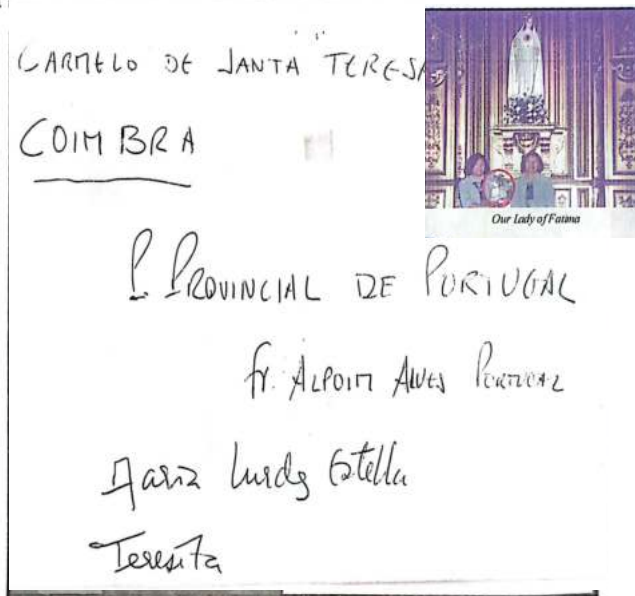
Before we left for the pilgrimage Luz already knew that it would be difficult, if not impossible to meet Sr. Lucia in the parlor of the Carmel of Coimbra and to converse with her because of this conversation she read in an article.

Mother Prioress: Sister is there, but I don't know if you are aware that it is forbidden to speak to her without special permission of the Holy See. If you wish, you can see her (but without speaking to her!).

Visitor: I thank you very much, but I have no reason for speaking with Sister Lucy; and to see her only, I find that I do not that is what interests me.

We were like the visitor who was unable to see Sr. Lucia but happy with the thought being in the place is already a grace. We had our pictures taken for souvenir and Mother Superior obliged to our request that she writes a dedication to our petitions.

Before leaving, Mother Superior handed us a souvenir on the Sixtieth Anniversary of the restoration of the Carmel of Saint Teresa of Coimbra with the title GOD ALONE SUFFICES.



Luz in front of the Image of St. Therese (l). The souvenir book given by Mother Superior (above r). Luz poses with a Sister and Fr. Danny before leaving the Convent (below r)

## SAINTLY PILGRIMS: 8 Patrons of Pilgrims and Travelers

# HOLYBLOG

*Saintly pilgrims are saints for whom the experience of pilgrimage has been so significant that it became the very reason for their sanctity.*



Who are the saintly pilgrims? The religious practice of pilgrimage has very ancient origins and has been a widely used tool of devotion and penance by Christians throughout history. Initially conceived as a conversion experience, pilgrimage urged the faithful to question their own lives, leaving behind everything known and certain, to journey as exiles and strangers to distant lands where sacred events had taken place, or to pilgrimage and worship sites. Hence the etymology of the word pilgrim, from the Latin *peregrīnus*, meaning “foreigner.” Consider, for example, those who travelled to the Holy Land to visit the places of Christ’s life and death.

Later, pilgrimage became a penitential experience reserved for those who, especially among the clergy, committed infamous crimes. In the early Middle Ages, these individuals had to wander through inhospitable lands, barefoot and naked, often in chains, living on alms, following in the footsteps of Cain until they had atoned for their guilt in the eyes of God and men.

Subsequently, wandering without a specific destination, the desire to reach a particular sacred place or site of worship replaced it, and the pilgrim carried the signs of this destination. Distinctive features included a staff, a large and long stick with a curved handle used for support and assistance in walking, and a scrip, a small leather bag worn around the neck or on the belt, in which they placed their few belongings.

Over time, the two types of pilgrimage, devotional and penitential, increasingly overlapped and became more confused as pilgrimage sites multiplied: in addition to the Holy Land and Rome, many pilgrims chose Santiago de Compostela in Galicia, where it was said that the apostle James was buried, and then Canterbury.

If until the year 1000 pilgrimages were widespread but limited by the insecurity of roads and the uncertainty of times, after the Jubilee of 1300, desired by Boniface VIII, they became a common practice for all Christians.

But who were the main saintly pilgrims, and why do we remember them? It would be wrong to say that saintly pilgrims became saints only because they were protagonists of a pilgrimage. Rather, it is possible that pilgrimage allowed some of them to reveal their sanctity through thoughts and deeds.

## 1. St. James the Greater

Saint James was one of the twelve apostles. St. James was one of Jesus's three inner circle Apostles, along with St. Peter and St. John the Evangelist. He was one



who witnessed the Transfiguration of Jesus.

St. James the Greater is the patron saint of pilgrims because he traveled to spread Christianity and was later martyred. Beheaded by Herod Agrippa, his remains were brought to the shores of Galicia, a place that later became known as "*campus stellae*," "field of the star." Many miraculous events occurred here, and the place became

one of the major pilgrimage sites of the Middle Ages. Even today, thousands of pilgrims walk the Camino de Santiago to Compostela to visit the relics.



Iconography depicts him with a staff, a bag, a pilgrim's hat, and the scallop shell symbol of the Camino de Santiago, which all pilgrims had to collect on the beaches of Galicia to prove they had reached that far.

During our Avila 2015 Pilgrimage, we saw the St. John de Ortega Monastery. The old monastery is a Romanesque monument located on the old Camiño Francés, believed that the monastery was built by Saint John of Ortega himself, with the help of his friend and fellow saint, Domingo de la Calzada, around 1142 as a help point to the pilgrims who walked to Santiago de Compostela along the Way of Saint James. The monastery was originally staffed by a community of Augustinian canons.



Exterior view of San Juan de Ortega



L-R: Luz was ecstatic when we saw the statue of St. John de Ortega. Arriving home at La Union, Philippines she had his statue carved. Luz points to the Way of Saint James that some pilgrims walked to Santiago de Compostela.

St. James the Greater performed many miracles, including:

- Raising Jarius's daughter from the dead.
- St. James witnessed the cure of Peter's mother-in-law.
- St. James cured a man who was crippled with arthritis.
- St. James cured a paralytic man, which prevented his own execution and caused the prosecutor to convert to Christianity.
- St. James turned a curse back on a magician, Hermogenes, who had cast a spell on him. Hermogenes converted to Christianity after James offered to protect him.
- St. James appeared to a bishop who was floating in the sea after being swept away by a wave. St. James told the bishop not to fear and he reached home safely.

## 2. Saint Bridget of Sweden

A Swedish mystic, patron saint of Sweden and co-patroness of Europe, she married and had eight children, but after becoming a widow, she devoted herself to the poor and needy, spending much time on pilgrimage to places hosting relics of saints, especially in Italy, and the Holy Land. She founded the Order of the Most Holy Savior and left many revelations received from Jesus, the Virgin Mary, and some saints.

### Bridget of Sweden VISIT TO PILGRIM SITES

Bridget of Sweden, also known as St. Birgitta, undertook several significant pilgrimages during her lifetime. Here are some key sites she visited:

**Holy Land:** Bridget made a pilgrimage to the Holy Land to visit the places where Jesus taught, died, and rose from the dead. During this pilgrimage, she experienced profound prayer visions<sup>1</sup>.

**Rome:** Bridget traveled to Rome to assist the sick and dying during an epidemic. She also spoke out against injustices and worked to improve the lives of the people she encountered<sup>1</sup>.

**Santiago de Compostela:** In 1341, Bridget and her husband went on a pilgrimage to Santiago de Compostela in Spain.

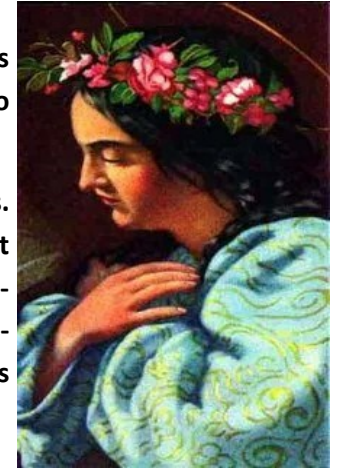
**Various Italian Holy Sites:** Bridget visited several holy sites in Italy, including Assisi and other locations associated with Saint Francis.



## 3. Saint Bona of Pisa

Bona of Pisa, born around 1156 in Pisa, Italy, was known for her deep spirituality and dedication to helping others on their pilgrimages.

Patron saint of flight attendants and tour guides. Entering a convent as a child, at fourteen, she went to the Holy Land and later had a vision even in Santiago de Compostela. She dedicated her life to assisting pilgrims on their journeys, especially towards the Spanish sanctuary.



Here are some key highlights of her pilgrimages:

1. **Holy Lands:** At the age of 14, she traveled to the Holy Lands to visit her father, who was fighting in the Crusades. On her way back, she was captured by Islamic pirates but was later rescued by fellow Pisan Christians.
2. **Rome:** She made several pilgrimages to Rome, seeking spiritual guidance and nourishment.
3. **Santiago de Compostela:** Bona made the arduous journey to Santiago de Compostela in Spain nine times. She led groups of pilgrims on these trips, providing encouragement, medical aid, and inviting all to prayer and penance.
4. **Monte Sant'Angelo sul Gargano:** Despite being ill, she attempted a pilgrimage to this shrine but had to return home to Pisa, where she passed away shortly after.

Her feast day is celebrated on May 29th..

#### 4. St. Roch



**St. Roch**, also known as St. Rocco, was a nobleman from Montpellier, France, the only son of the wealthy governor of the city. **St. Roch** lost both parents at a very young age and decided to donate his possessions to the poor. Having put on a pilgrim's habit, he set out on foot for Rome to visit the Tomb of the Holy Apostles. During the journey, he offered help and comfort to plague victims and the poor, gaining a reputation as a saint. Like Saint James, he is remembered not only as a saintly pilgrim but also among the saints to invoke in case of illnesses.

The statues represent Saint Roch as a pilgrim, wearing a tabard, a wide-brimmed hat, a walking stick with shells on it, which he used to collect .

His feast day is August 16th

Let us pray: St. Roch, throughout your years of missionary work, you were met with many difficulties. Pray for us, that we may be as faithful as you were when we encounter difficulties in my lives. Pray that we may never allow hardship to deter us from serving God. Please be faithful in continuing to bring our petitions before God. Amen.

#### 5. St. Christopher

The most famous legend connected to St. Christopher recounts that after converting to Christianity, he devoted his life to carrying travelers across a river. One day, a little child asked him to take him across the river. During the crossing, the river became swollen and the child seemed as heavy as lead, so much that Christopher could scarcely carry him and found himself in great difficulty. When he finally reached the other side, he said to the child: "You have put me in the greatest danger. I do not think the whole world could have been as heavy on my shoulders as you were." The child replied: "You had on your shoulders not only the whole world but Him who made it. I am Christ your king, whom you are serving by this work." The child then vanished after which the boy revealed himself as Christ. Because of his help to travelers, he became the patron saint of travelers. In the iconography of the Western Church, the saint is often depicted as a giant with a staff carrying the infant Jesus across a river on his shoulders. Small images of him are often worn around the neck, on a bracelet, carried in a pocket, or placed in vehicles. He is one of the Fourteen Holy Helpers. The Eastern Church tradition depicts the saint as a cynocephalus ('dog-headed creature') in a literal interpretation of its legendary tradition.

Christopher later visited Lycia and there comforted the Christians who were being martyred. He refused to sacrifice to the pagan gods. Finally, Christopher was beheaded.



**St. Christopher Carrying  
the Christ Child**

## 6. St. Benedict Joseph Labre

He was a French Franciscan tertiary and Catholic saint, born on March 25, 1748, in Amettes, France. He is known for his life as pilgrim and beggar, traveling to major shrines across Europe and living a life of poverty.

Labre was the eldest of fifteen children and came from a well-to-do family. Despite his family's wealth, he chose a life of simplicity and devotion. After several unsuccessful attempts to join monastic orders due to his poor health, he decided to become a pilgrim. He traveled extensively, subsisting on alms and sharing what little he had with the poor.

The first seven of the thirteen remaining years of his life were spent in pilgrimages to the more famous shrines of Europe. He visited in this way Loreto, Assisi, Naples, Bari, Fabriano in Italy; Einsiedeln in Switzerland; Compostella in Spain; Parav-le-Monial in France.

Labre is the patron saint of the homeless and those suffering from mental illness. He is often depicted wearing a tri-cornered hat and holding alms.

Though he died young, he was well known by his death because of his pilgrimages to major shrines throughout Europe and the ecstatic states he would achieve during contemplative prayer.

His feast day is celebrated on April 16, the day of his death in 1783.



## 7. St. Gertrude of Nivelles

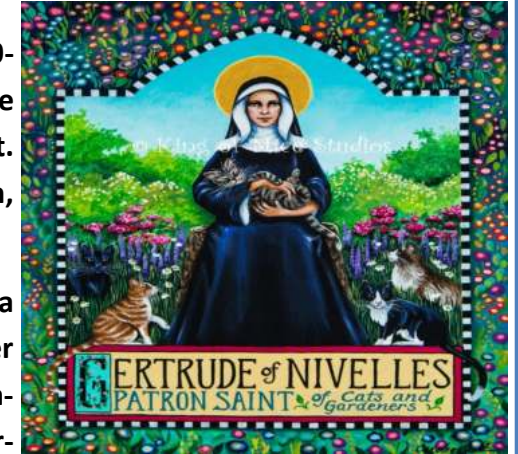
The daughter of Pepin of Landen (580-646), Mayor of the Palace under the Frankish kings of Austrasia, and St. Itta; St. Gertrude was born in Landen, in present-day Belgium, in 626.

After the death of Pepin, his wife Itta went to Nivelles, Belgium bringing her daughter. She founded a double monastery for men and women. St. Gertrude was appointed Abbess by her mother at 20 years old.

Her great abstinence, led to a serious decline in her health, and at the age of thirty, with the consent of her spiritual children, she appointed as Abbess her twenty-year-old niece, St. Wulfetrud, whom she had reared herself. Living as a simple nun, St. Gertrude increased her prayers manyfold, despite her failing strength, and received wondrous revelations from God.

She exhorted her nuns to remain faithful to their monastic vows, and instructed them to bury her by covering her body with her hair shirt and her face with an old veil. This hair shirt and veil were later venerated by pilgrims along with her Relics.

She died on March 17, 659. She is the patron saint of cats and travelers. Her feast day is celebrated on March 17. Gertrude was known for her deep piety and hospitality, welcoming travelers and pilgrims to the abbey she co-founded with her mother. As for her connection to cats, it's believed that this arose from later legends which depicted her as having the power to ward off rodents, making her a protector of cats and those who keep them. Additionally, images of St. Gertrude often show her surrounded by cats.



## 8. St. Sebaldus

A Danish prince, he broke off an engagement with a princess after going on a pilgrimage to Rome, dedicating his life to evangelizing Franconia thereafter. Buried in Nuremberg, a city of which he is the patron, he is often depicted with a staff, a rosary, and the scallop shell. His tomb soon became a pilgrimage site.



Altar in St. Sebaldus Church

Regarded as one of the Fourteen Holy Helpers, Sebaldus is a saint revered in the Catholic Church. He is considered a patron saint of Bavaria, particularly Nuremberg, where a magnificent church named St. Sebaldus Church stands, honoring his legacy. Known as a wanderer, Sebaldus dedicated his life to the service of God and his fellow men.

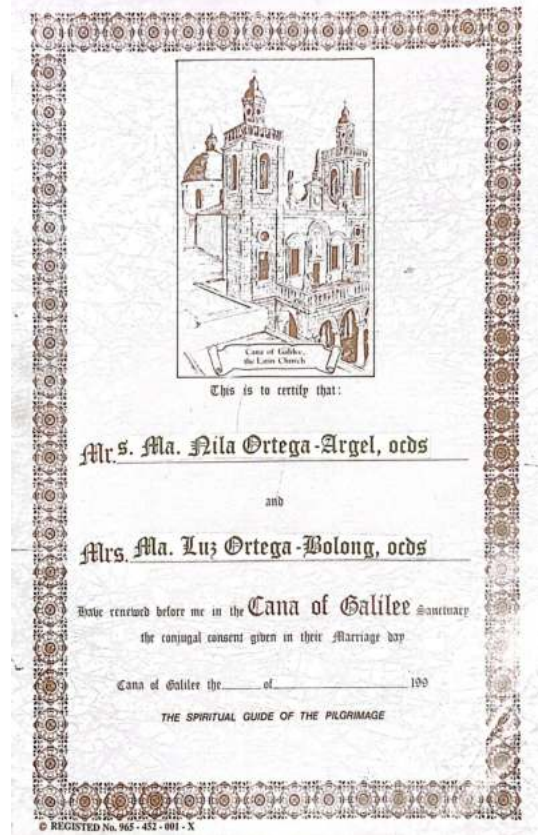
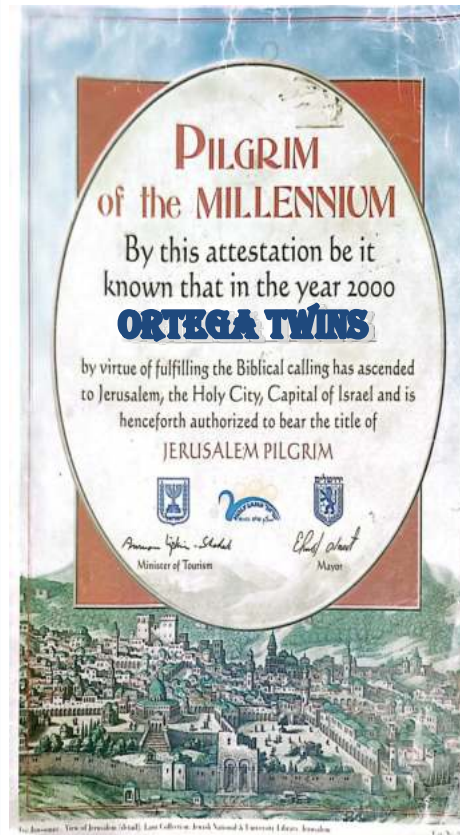
On March 26, 1425, he was formally canonized by Pope Martin V, following a request by the Council of Nuremberg

The feast day of St Sebaldus is August 19 . The relics of the saint were translated in 1397 to the new choir of the church of Saint Sebaldus, and every year his relics were carried in procession. The kings and emperors of Germany, when in Nuremberg, customarily prayed before his reliquary.

Saint Sebaldus is revered as the patron against cold weather, as well as the patron of Bavaria, Germany, and Nuremberg, Germany.

In Conclusion, we twins went on 7 pilgrimages

1. Pilgrim Pilgrimage\_ Europe, Holy Land
2. Gregorian University\_ Rose (side trip visit Maria Goretti Nettuno, Province of rome, Lazio, Italy, Nice France, Avila
3. Nakem Centenial Confence\_ Hawaii and Mexico
4. 100th Anniversary Carmel Hue\_ Vietnam
5. 5th Centenary Avila\_ Italy, Poland, Czech, Ireland
6. 2017 Anniversary of the Miracle of Sun\_ 7 Continents of the World, 17 Countries.





## Blessing of Jubilee 2025 Pilgrimage Outfits

On March 13, 2025 Luz went to Aringay , La Union at the house of John Flores to pick up her gown. Ortega twins will wear it on December 10 for the 100th Anniversary of the Five First Saturday Devotion at Pontevedra, Spain.

She remembers the bad incident they experienced during the OCDS East Asia Congress. They were informed to prepare attire for the socials in the evening. John Flores made scapulars including the one we are wearing when we participated in the program.

The organizers regarded us as overdressed. However, we believe that on special occasions like fiesta when even Our Lady has jewelries and sprayed with perfume, there is nothing wrong. I together with Secular Members went to Consolatrix Convent at Angin Nagulian, La Union. I showed them the scapulars and glad mother superior was around to comfort and bless us.



**Luz O. Bolong, OCDS**



**Cresing Cabigas, OCDS**



**Myrna Calachan, OCDS**



**Emily U. Ortega**



Twins recite poem, MARY, MOTHER OF GOD.





Kupang, Indonesia

The twins were glad with the unexpected welcome of an OCD friar at the airport. Fr. Aloysius Deeney, OCD, in-charge of Secular Carmelites in East Asia including the Philippines, received the 7th and last statue the twins brought for their Fatima 100 Pilgrimage at the monastery of Kupang, Indonesia and our report.



(L-R) Luz is assisted by Fr. Deeney in opening the statue. Luz beams as Fr. Deeney, OCD is holding our report.

## In Loving Memory of Fr. Allan Rieger, OCD

We cherish the memories of the time ...



Ortega twins with Fr. Allan Rieger, OCD (r)

Catholics pull carrozzas carrying the various images of the Blessed Virgin Mary during the annual 33rd Grand Marian Processing around Intramuros, in Manila to celebrate the Feast of the Immaculate Conception.

Our Lady of Mount Carmel Shrine in New Manila, Quezon City joins the Marian procession. The Shrine Superior is Rev. Fr. Allan Rieger, OCD

ST. TERESA COMMUNITY, SECULAR ORDER OF DISCALCED CARMELITES  
OCDS HOUSE OF PRAYER  
PINDANGAN, CITY OF SAN FERNANDO, LA UNION



Fr. Allan officiating the ceremonials of our OCDS at La Union.

Ma. Luz O. Bolong, OCDS at the rostrum presenting the names of the candidates. Only Caridad Sobejana persevered. The OCDS members greeted her at her home at Caba, La Union on her 87th birthday, March 2, 2025.



Lord of mercy, hear our prayer. May Fr. Allan, whom you called to serve the Carmelite Order on earth, enter into the Kingdom of peace and light, where your saints live in glory. We ask this through our Lord, Jesus Christ, who lives and reigns with you and Holy Spirit, one God forever and ever. Amen.

In the Spirit of Carmelite Life,

Ma Luz O. Bolong, OCDS

Ma Nila O. Argel, OCDS

We thus appreciate WAF Spiritual Director Fr. Jose Tagupa, SVD for his time to accommodate me for blessings and signature to our latest book entitled “ Story of Our Lady of Fatima in Spain”.



December 10, 2024 \_ National Fatima Convention on the Centenary of the Five First Saturdays Devotion

We twins were privileged to attend the National Fatima Convention on the Centenary of the Five First Saturdays Devotion last December 10, 2024. Bishop Daniel O. Presto was early, he was the first I greeted and he asked if Fr. Tagupa is around. Yes, WAF La Union was well represented led by our Spiritual Director, Parish Priest of Our Lady of Fatima Burgos, La Union. All were listening attentively on the sharing of Sr. Angela, the main speaker, including Bishop Presto seated in front.

We personally gave two documents on our Fatima experience to Sr. Angela De Fatima Coelho, Vice Postulator for Ven. Lucia's cause for beatification and Fr. Marco Chiesa, the Postulator. Luz requested Sr. Angela that she brings these documents to Fatima and her reply was yes!

WAF La Union Diocese Delegates



Spiritual Director Fr. Jose Tagupa, SVD



Most Rev. Daniel O. Presto, D.D. Bishop, Diocese of San Fernando de La Union



# Europe Pilgrimage



St. James the Great

St. Bridget

St. Bona

St. Roch

St. Benedict  
Joseph Labre

St. Gertrude



Basilica of the Sacred Heart of Jesus



Basilica of St. Peter



Cathedral of Santiago de Compostela



St. George  
Preca



St. Hallvard

COUNTRIES	PLACE	DATE	ATTRACTION
1. Portugal	Fatima	Oct 13	Venerable Lucia St. Francisco St. Jacinta
2. France	Montpellier Arras Hendaye Paray-le-Monial Montmartre, Paris Paris		St. Roch St. Benedict Joseph Labre St. Vincent de Paul St. Margaret of Alacoque Basilica of the Sacred Heart of Jesus Eiffel Tower
3. Belgium	Hiewelles		St. Gertrude
4. Germany	Nuremberg Hamburg Bavaria Stuttgart		St. Sebaldus St. Ansgar Dachau Concentration Camp Memorial St. Eberhard
5. Sweden	Stockholm		St. Bridget Abisko National Park
6. Norway	Narvik Oslo	 <b>Fjords</b>  <b>Northern Lights</b>	Fjords St. Hallvard Northern Lights Polar Park 
7. Italy	Pisa Rome		St. Bona Basilica of St. Peter Discalced Carmelites General House
8. Malta	Mtarfa		St. George Preca T. O. Carm Rev. Fr. Paul Fenech
9. Spain	Galicia Tuy Pontevadra	December 10	St. James the Great Cathedral of Santiago de Compostela Sr. Lucia's Great Vision of the Holy Spirit First Saturday Devotion



St. Sebaldus



St. Vincent de Paul



St. Margaret  
Alacoque



St. Ansgar



St. Eberhard

Feb 02 Feast of the Presentation of the Lord

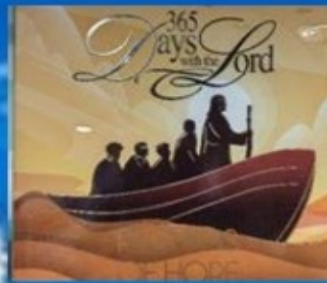


**ORTEGA TWINS**

*Ortega*



**MOST REV. DANIEL O PRESTO, D.D.  
BISHOP**



**Here I Am, Lord**

*(I, the Lord of Sea and Sky)*

Here I am, Lord. Is it I, Lord?

I have heard you calling in the night



**BASILICA OF FATIMA, PORTUGAL**



**Feb 10 Feastday of St. William the Hermit**

**SEA AND SKY**

**PAOGARAOGAN SEC, LU**

**A Glimpse of Sister Lucia's Great Vision of the Holy Trinity**

**God in Three Persons**

**SPAIN TO PHILIPPINES**

**2025 COMMUNION OF REPARATION ON FIRST SATURDAYS**

*"Have compassion on the Heart of your Most Holy Mother, covered with thorns, with which ungrateful men pierce it at every moment, and there is no one to make an act of reparation for them."*

*- Child Jesus to St. Lucia - (December 10, 1925)*

**WHAT TO DO:**

- Go to Confession
- Receive Holy Communion
- Recite 3 Decade of the Rosary
- 15 mins. meditation on the mysteries of the Rosary

**CENTENARY**  
of the Apparition of Our Lady at Fatima  
**1925-2025**

04 JAN	05 JUL
01 FEB	02 AUG
01 MAR	06 SEP
05 APR	04 OCT
03 MAY	01 NOV
07 JUN	06 DEC

**Maria Luz O. Bolong, OCDS  
Maria Nila O. Argel, OCDS**  
ORTEGA TWINS OF LA UNION PHILIPPINES

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La Union, Philippines

**PHILIPPINE PILGRIMS FOR FAITH**

Feb 02 Feast of the Presentation of the Lord



GOD  
BLESS  
YOU

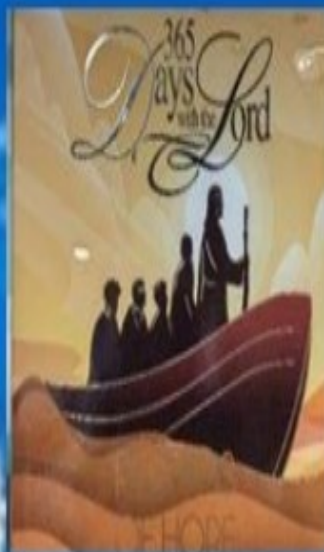


ALL FOR THE GLORY OF GOD

**ORTEGA TWINS**



**MOST REV. DANIEL O PRESTO, D.D.  
BISHOP**



# Here I Am, Lord

*(I, the Lord of Sea and Sky)*

Here I am, Lord. Is it I, Lord?

I have heard you calling in the  
night

I, the Lord of snow and rain,  
I have borne my people's pain.  
I have wept for love of them.  
They turn away.  
I will break their hearts of stone,  
Give them hearts for love alone.  
I will speak my word to them,  
Whom shall I send?

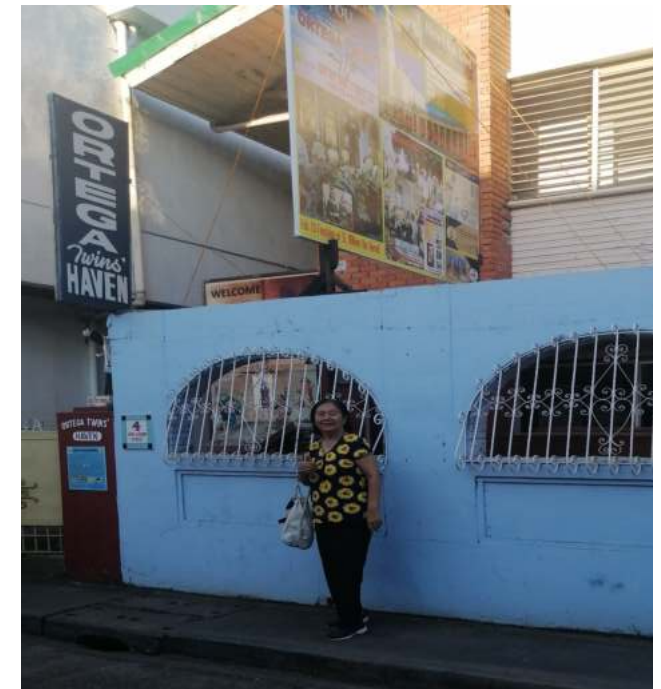
**BASILICA OF FATIMA, PORTUGAL**

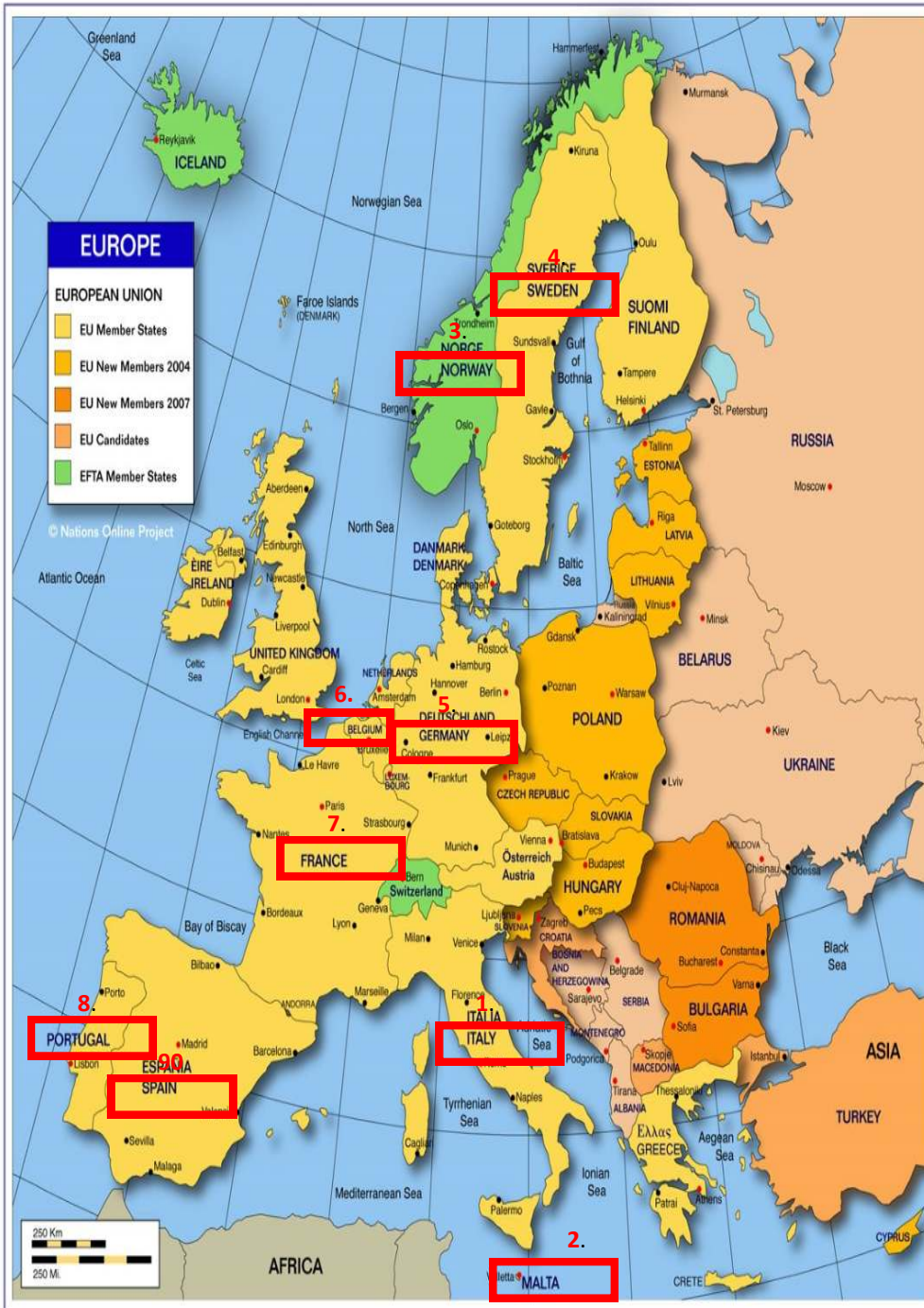
**March 8, 2025**

**Ortega Twins  
Museum  
Evaristo-Rosa  
Ortega  
Ancestral Home**



**Mr & Mrs. Daniel T. Bolong Jr.  
Residence.  
450 Don Theodoro St.  
Carlatan , City of San Fernando,  
La Union**





Home - Jubilee - The image of Fatima will travel to Rome on October 11 and 12

## The image of Fatima will travel to Rome on October 11 and 12

The image of Fatima will travel to Rome on Oct... Watch later Share

**REPORTS**

**FATIMA IMAGE HEADING TO ROME**

Watch on YouTube

This image of Our Lady of Fatima will travel to Rome on the occasion of the Jubilee. It has been in Portugal, in the place where the apparitions approved by the Church took place. This was the last visit of a pope there. In August 2023, during WYD.

**POPE FRANCIS**  
 There are so many invocations of Mary but one that we can also say is this: the Virgin who comes running. Every time there is a problem, every time we invoke her, she does not delay, she comes, she hurries. Our Lady in a hurry. Do you like that? Let's say it all together. "Our Lady in a hurry." She hurries to be near us.

The image of Fatima will be in Rome on October 11 and 12. On those days the Vatican wants to dedicate the Jubilee to Marian spirituality. On the 12th there will be a Mass in St. Peter's at 10:30 am.

This is the fourth time that the image travels to Rome. The first two with John Paul II, in 1984 and 2000. With Pope Francis it came to the Eternal City in October 2013, on the occasion of the Year of Faith initiated by Benedict XVI.

JH

Old Itinerary	New Itinerary
<b>Countries</b>	
<b>1. Portugal</b>	<b>1. Italy</b>
<b>2. France</b>	<b>2. Malta</b>
<b>3. Belgium</b>	<b>3. Norway</b>
<b>4. Germany</b>	<b>4. Sweden</b>
<b>5. Sweden</b>	<b>5. Germany</b>
<b>6. Norway</b>	<b>6. Belgium</b>
<b>7. Italy</b>	<b>7. France</b>
<b>8. Malta</b>	<b>8. Portugal</b>
<b>9. Spain</b>	<b>9. Spain</b>

Place	Date	Attractions
Pisa , Rome	10/11/25	St. Bona Basilica of St. Peter Discalced Carmelites General House
Mtarfa		St. George Preca Rev. Fr. Paul Fenech
Narvick, Oslo		Fjords St. Hallvard Northern Lights Polar Park
Stockholm		St. Bridget Abisko National Park
Nuremberg, Hamburg, Dachau, Stuttgart		St. Sebaldus, St. Ansgar, Concentration Camp Memorial St. Eberhard
Nievelles		St. Gertrude
Montpellier, Arras, Hendaye, Paray-le Monial Montamarte, Paris		St. Roch, St. Benedict Joseph Labre, St. Vincent de Paul St. Margaret of Aloccoque, Basilica of the Sacred Heart of Jesus, Eiffel Tower
Fatima		Venerable Lucia St. Francisco And St. Jacinta
Galicia, Tuy, Pontevedre	12/10/25	St. James the Great Cathedral of Santiago de Compostela Sr. Lucia's Great Vision of the Holy Spirit

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PHP Statement Date	26th day of the Month
USD Statement Date	13th day of the Month
Payment Due Date	22 days after Statement Date

\*Represents the total credit limit of your PNB Credit Cards\*

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# CALLING CARD



**LUMINOUS MYSTERY**



On 13 June 1917, Our Lady told the three shepherd children of Fatima - Lucia, Francisco, and Jacinta., "Say the Rosary every day to obtain peace for the world." Luz at the Apparition site.

**SORROWFUL MYSTERY**



**JOYFUL MYSTERY**



**GLORIOUS MYSTERY**



# 5 PRAYERS OF FATIMA

## The Fatima Prayer



*O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those most in need of Thy mercy. Amen.*

[katolikongpinoy](#)



*Mary told the children that people should add this prayer to the end of each decade of the rosary.*



## Rosary Decade Prayer

## PARDON PRAYER

*taught by the Angel of Peace of FATIMA to Lucia, Jacinta and Francisco*

**My God, I believe, I adore, I hope and I love Thee! I ask pardon for those who do not believe, do not adore, do not hope and do not love Thee.**



Let's find at least 1,000,000 Catholics who pray Rosary Daily on Facebook

*This prayer was given to the children by the angel of peace that visited them in 1916 the year before Mary appeared to them.*

## Angel of Fatima Prayer

*(Given to the three children by the angel who preceded Our Lady's third appearance to them.)*



*Most Holy Trinity, Father, Son, and Holy Spirit, I adore Thee profoundly. I offer Thee the Most Precious Body, Blood, Soul, and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges, and indifference by which He is offended. Find through the infinite merit of His Most Sacred Heart, and the Immaculate Heart of Mary, I beg of Thee the conversion of poor sinners. (3 times)*

CatholicChurchBodyofChrist

# The Eucharistic Prayer

Most Holy Trinity, I adore Thee!  
My God, my God, I love Thee in  
the Most Blessed Sacrament.

Amen.



When Mary appeared to the children for the first time on May 13, 1917, she said, “ You will have much to suffer, but the grace of God will be your comfort.”

According to sister Lucia, a bright light shone all around them and without thinking about, it they all started reciting this prayer.

## Vicariate of St. Ferdinand

**Very Rev. Perpetua Concepcion  
Vicar Forane**

St. Michael the Archangel (Bacnotan) • St.

Jude Thaddeus • Our Lady of the Immaculate Conception •

St. William the Hermit • St. Gabriel Archangel

(San Gabriel, La Union) • St. John the Baptist

(San Juan, La Union) • Our Lady of Perpetual

Help • St. Joseph the Worker (Bacnotan) •

Our Lady of the Holy Rosary

# THE SACRIFICE PRAYER

O Jesus, it is for the love of Thee, in reparation for the offenses committed against the Immaculate Heart of Mary, and for the conversion of poor sinners [that I do this].

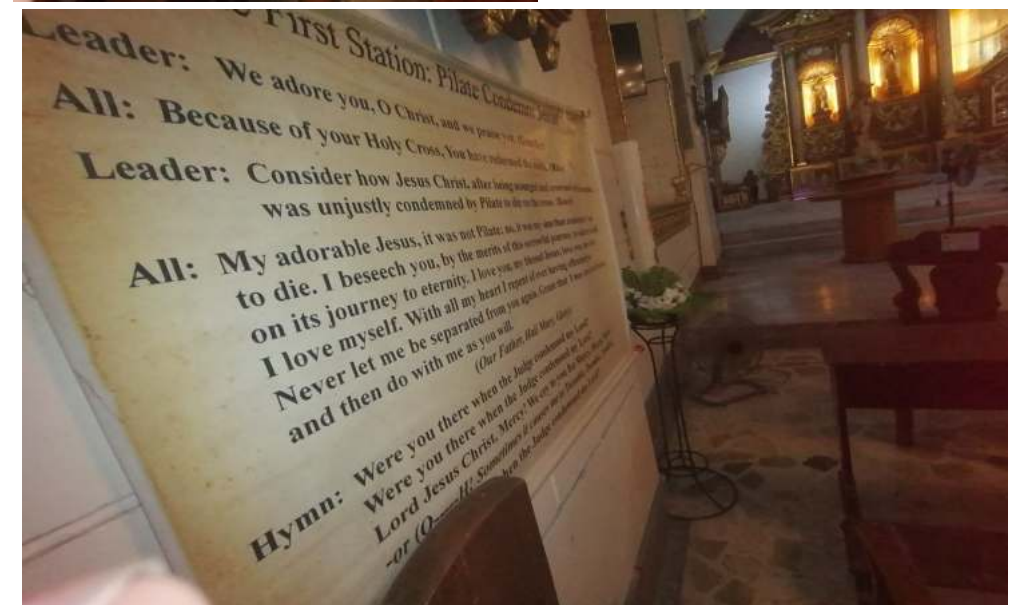
*Note: Mary gave the children this prayer, as well as the Fatima Prayer/Decade Prayer, on June 13th, 1917. The prayer is meant to be recited when you are offering up suffering to God.*




# Station of the Cross\_ March 7, 2025



1. St. William the Hermit Cathedral (San Fernando)





## THE JUBILEE PRAYER

Father in heaven, may the faith you have given us in your son, Jesus Christ, our brother, and the flame of charity enkindled in our hearts by the Holy Spirit, reawaken in us the blessed hope for the coming of your Kingdom.

May your grace transform us into tireless cultivators of the seeds of the Gospel.

May those seeds transform from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth, when, with the powers of Evil vanquished, your glory will shine eternally.

May the grace of the Jubilee reawaken in us, Pilgrims of Hope, a yearning for the treasures of heaven.

May that same grace spread the joy and peace of our Redeemer throughout the earth.

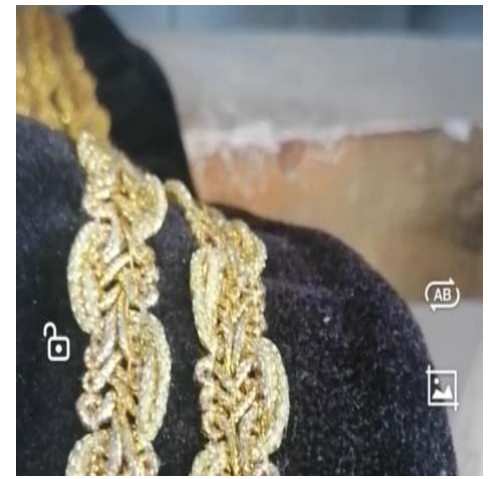
To you our God, eternally blessed, be glory and praise for ever.  
Amen.



**2. Diocesan Shrine of Our Lady of Namacpacan (Luna)**



**3. Diocesan Shrine of Nuestra Señora Virgen Del Mar Cautiva (Sto. Tomas)**





4. Minor Basilica of Our Lady of Charity (Agoo)



5. Aringay\_ St. Lucy Parish



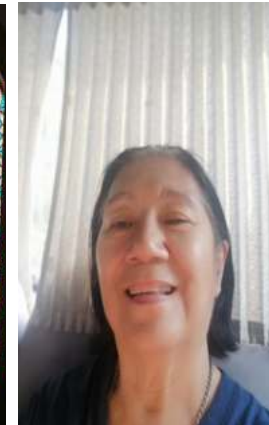


6. Bauang\_ Sts. Peter and Paul



7. Our Mother of Perpetual Help Parish

Pagdalagan, City of San Fernando, La Union



Many pilgrims come to Ilocos Sur during Lent. This Lenten Pilgrimage brings joy and hope to the Church for it strengthens the Catholic faith. In 2008, the Pater Noster Learning Center pupils had a Lenten Presentation at Pantay Fatima. Here is a short story that speaks of the significance of the play.



Traveling in a train were an elderly bishop April 1, 2007 and a newly ordained priest. The bishop Jesus' Triumphal Entry into Jerusalem in a Donkey asked the priest to tell the story of his vocation. The priest said, "All I can say is that the Lord has need of me."

"So far as I can remember, only once in the Gospels did the Lord ever say that he had need of anything." In Luke 19:31, on the occasion of his triumphal entry into Jerusalem, He had in need of a donkey. Jesus instructs his disciples, if questioned about untying a colt, to simply state, "The Lord has need of it". The time of our Lord's Passion was at hand, and Jesus, accompanied by his disciples and a considerable crowd of pilgrims, left Bethany to go to Jerusalem. He stopped at the Mount of Olives and asked two of his disciples to go into a nearby village and borrow a donkey just inside the gate. He said: Untie it, and bring it here.

Jesus said: If anyone asks you, Why are you untying it? You shall say, "The Lord has need of it." The disciples found the young colt and untied it. As they were doing so the owners came up and asked, Why are you untying the colt? "The Lord has need of it," the disciples said, and took it away.

The disciples and the people spontaneously organized themselves into a procession. They helped Jesus to sit upon it. Suddenly the donkey took a step forward. As Jesus rode along, the people spread their cloaks on the road and others cut branches from the trees waving them joyfully. Men and women rushed to join the procession. At the top of their voices they shouted:

*Hosanna to the Son of David!*

*Blessed be the King who comes in the name of the Lord!*

*Peace in heaven and glory in the highest!*

People came running from all directions to find out what was going on, "What is happening?" they cried. What is going on here?" "It is Jesus of Nazareth, the great teacher of Galilee."

It was a great day for the disciples, for all the people who followed Him. Never would they forget the thrill of that wonderful procession.

And it was a great day for that little donkey. If donkeys think he may have thought, 'The Lord could have chosen a lion, an elephant, or a horse for such a wonderful occasion as this, but instead He chose me, a little donkey!' And what was it that the two disciples said as they went to untie the donkey? "The Lord has need of it."

What a lesson for us all! The donkey the Lord used in his triumphal entry into Jerusalem was a concrete manifestation that His kingdom is not of this world.

You and I are like that little donkey, perhaps thinking that we have shortcomings and limitations. Jesus knows who we are and He has need of us. He wants to make use of us to carry out his plans, just as He made use of the donkey for his entry into Jerusalem. Let us all recite this lovely little prayer: Lord, if Thou need me, show me how, and where, and when. Help me to do my best for Thee. Use me as Thou will—all the way to the New Jerusalem. Amen.





Most Rev. Ernesto A. Salgado, D. D., archbishop of Nueva Segovia and twin Luz Bolong were special guests during the Graduation ceremonies of the Pater Noster Learning Center for school year 2006-2007. I wrote to Fr. Roque Reyes, the parish priest of St. Paul's Cathedral that I have a carriage with Jesus Triumphant Entry to Jerusalem. I mentioned in my letter that the statue was blessed by Archbishop Salgado during the graduation ceremonies and it is my hope it could participate in the Lenten procession. After seeing my carriage, to my delight, he granted my wish.



PNLC pupils



March 29, 2024 \_ Thanks for the beautiful decoration to Mrs. Lydia Castaneda, children Evangeline Rabang Racho and Salvador Rabang, helpers Jocelyn Evangeline Salvador, Joanna and Oscar Fernandez.





**MARIA LÚCIA DE JESUS  
E DO CORAÇÃO IMACULADO**

PRAYER  
AND C  
Merci

**PRAYER FOR BEATIFICATION  
AND CANONIZATION**

Merciful Father, you taught Sister Lucia to be docile to the Holy Spirit and obedient to your Holy Church, entrusting to her the mission of reminding the world of the power of forgiveness that you bestow upon all Men in the Body and Blood of your Resurrected Son. Grant that she may teach us to entrust ourselves to the Immaculate Heart of Mary so that, molded by the Spirit, our hearts may be conformed to the Heart of Jesus. In this way, being made pure, we may turn our eyes to you and adore you with all our hearts. We will then become witnesses to your compassion and builders of the peace you give your children.

Through the intercession of Sister Lucia, grant us the grace we ask of you, and beatify your faithful servant, for our benefit and the glory of your name. Pray an Our Father, a Hail Mary, and a Glory be.

With ecclesiastical approval

Please report any favours received to:  
Carmelo de Santa Teresa,  
Rua de Santa Teresa, 16  
3000-359 Coimbra

causa.lucia@lucia.pt

**St. John de Ortega**



**Patron of Surveyors and Architects**

ABBA FATHER,  
We thank You for the gift of kin Especially Don Joaquin Ortega and Doña Francisca Lacsamana-Ortega Whose birthday anniversaries we celebrate Tita Tetang\_ March 8, Lola Paca\_ March 9, Lolo Joaquin\_ March 11, to whom You send Your love for us. Help us to nurture each other so that Your divine gifts may blossom among us. Inspire us to respond to Your call and grant us the courage to dedicate our lives, in Your mission by the example of St. John Ortega. Cloak us with Your Spirit to assist us to be worthy of Your grace in this life and to attain everlasting joys in the life to come. We ask all these of You, O God, living and reigning forever and ever. Amen.

March 10 & 11  
Ortega Reunion 2017

# Recollection

March 9, 2025

Fr. Manny SVD



### 3-Day Journal

March 13, 2025

Getting the outfit from Aringay, La Union accompanied by Ely Lumdang. And in the evening it was blessed by Fr. Tagupa.



March 14, 2025

Mass at Carmel at Holy family Pindangan. Liturgy of the Hours with Pres. Sis. Edith, OCDS. Did the report up to 3pm in the afternoon.



March 15, 2025

Mass at the Pindangan and regular monthly meeting at OCDS House of Prayer. Visit at the house of Sis. Aning Bernardo, OCDS.



# On the Road to Eighty

Seventy is an important node in life. From any perspective, people over seventy are considered old. At this point, the gorgeous sunset is approaching the horizon, and the colorful life is also coming to an end. According to official public data, only 44% of all natural persons can cross the threshold of seventy and turn around to walk on the road to eighty.

Seventy to eighty is a difficult decade in life, and it is an eventful period of life in old age.

This interval will experience accelerated aging, and all organs are irreversibly degenerating and wearing out, just like a machine that is about to be scrapped but is still running slowly.

This period is the outbreak period of many diseases. Due to the reduction and mutation of the human immune ability, it is difficult to effectively resist the invasion of bacteria and viruses. Minor illnesses often occur, and major illnesses are coming at any time. It is a normal situation.

During this period, due to the slow reaction of the brain and the loss of flexibility of the limbs, various accidents such as dizziness, choking, collisions, and falls will occur at any time, and each accident will bring unbearable consequences.

During this period, you will also have to endure the pain and sadness of losing relatives, comrades, colleagues, classmates and other acquaintances of the same age. Your social circle will become smaller and smaller, and you will have fewer and fewer close friends to confide in, and your sense of loneliness will continue to increase.

What is more dangerous is that some people will become deaf and amnesiac or even lose their ability to take care of themselves during this period. Not only will they have to endure the torment of long-term bed rest, but they will also add a heavy burden to their children.

Many unpredictable things will happen at any time during this period, and an inadvertent mistake can completely change your life.



**Everyone's old age is a bloody storm, and this is by no means alarmist.**

**A piece of classical opera about the difficulty of old age tells the bitterness and desolation of the elderly.**

**Some people say that if you can cross the age of seventy and step on the starting line of the eighties, you are a very lucky person, because more than half of your peers have fallen behind and lost the qualification to run eighties.**

**If you reach 75 years old, you are a winner in life, because you have traveled halfway through this difficult decade of life, and your actual life expectancy has reached the average of the national average life expectancy. In this landmark gas station, you can vaguely see the sign of the end of life as long as you raise your feet and look up.**

**If you persist all the way and finally complete the task of running eighty, you are a perfect winner in life. Because you have successfully reached the base camp of climbing to the top of life, you can lie down and reminisce your stormy life.**



**Bouquet given by Mr. Danny Bolong.**



**Next, you can disdain those vague goals of 90 and 100 years old, and you can decide to move forward or give up at any time and anywhere. Everything will go with the flow and leave it to fate.**

**There is no more time to come in our life dictionary. The only thing we can dominate is: do not regret yesterday, do not gamble tomorrow, cherish today, and live well every day. As long as you can eat and walk today, then hurry up to eat some food you want to eat, see some beautiful scenery you want to see, and complete the long-cherished wish you once dreamed of! Hold on tight, hold on tight, and leave no regrets in life!**

MOVIE CLIP \_ FATIMA 2020



Prof.: If someone were to say to you now  
why what happened  
all those years ago  
had to have happened to you  
of all people...

how would you respond?

Lucia: Because it was necessary.

Prof.: Necessary?

Lucia: To spread her message.  
At the time, naturally,



Lucia: I could not have imagined  
its importance

nor the consequences.

I was a child.

Prof.: And do you have any regrets?

Lucia: Does it look like the world  
has heard the message of heavenly  
peace?

Hmm.

This is my only regret.

That I haven't done enough  
to please my mother.

Prof.: Which mother?

Lucia: The Holy Mother.



## IX. Session Guide

Here is a Session Guide for my fellow WAF and Fatima devotees who would like to spread and live the message of the Blessed Mother. It will help you conduct your own session.

Session Title: The Message of the Blessed Mother: A Call to Conversion and Peace

### I. Introduction ( 5 minutes)

- A Brief Overview of the Apparitions of the Blessed Mother in Fatima, Portugal
- In 1917
- The Importance of the Message for our times (15 minutes)

### II. The Story of the Three Shepherd Children (15 minutes)

- Introduce Lucia, Jacinta and Francisco their lives, families and Faith
- Describe the apparitions of the Angel of Peace and Our Blessed Mother
- Highlight the children's

faith, obedience and sacrifices

### III. The Message of our Blessed Mother (30 minutes)

- The call to conversion and repentance
- The importance of prayer, especially the Rosary
- The need for sacrifices and penance
- The warning of future chastisements if humanity does not convert
- The promise of peace and salvation for those who heed the message.



Rebecca Cahilog \_ Diocesan Formator  
& Luz Bolong \_ Vicarial Formator

### IV. The Secrets of Fatima (20 minutes)

- The First Secret The Vision of Hell and the need for prayer and sacrifice.
- The Second Secret: The Prediction of World War II and the request for the Consecration of Russia.
- The Third Secret: The Attempted Assassination of Pope John Paul II and the suffering of the Church.

### V. The Message for Our Times (20 minutes)

- The relevance of the message for our Modern World
- The Call to Holiness and Evangelization
- The importance of Marian Devotion and the Rosary

### VI. Wrapping up (10 minutes)

- Summary of the message and its importance
- Call to Action: how to live out the message in our daily lives. For the Power Point
- Map of Portugal, inset Cova da Iria, Fatima
- Image of the three Shepherd children and the apparition sites
- Testimonies and our Blessed Mother's messages
- Maps and timelines to illustrate the historical context
- Images of the Rosary and other sacramental to highlight their importance
- Pictures of Pope John Paul II and other notable figures who have promoted the Fatima message

Finally, ask the participants to pray together the Fatima Prayer:

*O My Jesus, forgive us our sins, save us from the fires of Hell and lead all souls to Heaven, especially those who are in most need of Thy mercy.*

- Distribute Rosary with their Certificate of Participation.



# WORLD APOSTOLATE OF FATIMA

OF THE PHILIPPINES

NOVALICHES DIOCESAN DIVISION

*A Public International Association of the Faithful of Pontifical Right*

*presents this*

## Certificate of Completion

to

### SIS. MA. LUZ BOLONG

San Fernando de La Union Diocesan Division

- National Formator
- Regional Formator
- Diocesan Formator
- Vicarial Formator
- Chapter Formator

*for having successfully completed the*  
**CRASH TRAINING COURSE FOR  
SEMINAR SPEAKERS (CTCSS)**

*held on June 25-27, 2024  
at RCBN Tahanang Pari, Sacred Heart Village,  
Brgy. Greater Lagro, Quezon City.*

*Given this 27th day of June in the year of our Lord 2024  
at Quezon City, Philippines.*

*Debra A. Andales*  
**DEBRA A. ANDALES**

*National Trainer / Formator and  
WAF Philippines National Formation Coordinator*

*Reynald F. Andales*  
**REYNALD F. ANDALES**

*National Trainer / Formator and  
WAF Philippines National Executive Vice President*

*Rev. Fr. Aristeo M. De Leon*  
**REV. FR. ARISTEO M. DE LEON**

*WAF Novaliches Diocesan Spiritual Director*



## Acknowledgement

Thank you to all my simple friends ever ready to share their God-given potentials, who understand wholeheartedly my Fatima mission, all for God's glory!

Prof. Ely Lumdang,  
Sea and Sky College



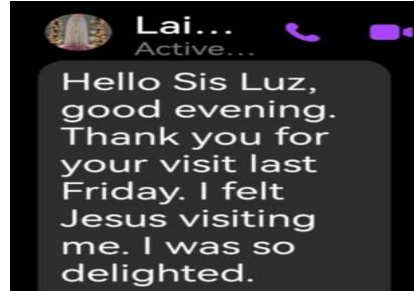
Bangued, Abra

Temporarily housed at OCDS HOUSE OF PRAYER, Pindangan, SFLU

Blanche Aricheta



Former Assistant Registrar, Sea and Sky College  
Bacnotan, La Union



I am sending you what you requested. I am expressing it the simple way



WAF LU President\_ Paulita Malameon

Sis. Paulita Malamion \_ WAF La Union Past President

Naguilian, La Union



Mrs. Maria **Luz O.Bolong** providentially entered the Chapel of Carmel at Pindangan, San Fernando, La Union, while a World Apostolate of Fatima (WAF) orientation was going on. I was almost at the end of my talk about WAF when I noticed her entering.

She looks smart and prominent but her intensive listening inspired me. She approached me after the orientation and said, " You know I want to be a member of the WAF." It was shocking reaction but I was so touched,

impressed with her attitude. I saw her sincerity , coupled with simplicity and humility. I rated it as an impulsive but wonderful decision. The highlight of the event was when I learned who she is . I had a second thought, but

my conviction of what I saw and heard from her was ringing a bell in me. She came looking for me and reiterated her desire , so her signing the WAF pledge concluded her dedication.

Since then together with her twin sister Maria NILA had been loyally attending WAF activities simply and humbly associating with everyone that edified many people especially those who knows them .

Her greatest accomplishment now is her success of organizing a WAF chapter in. San Fernando , La union through thick and thin. Its far from easy to be successful

due to the rocky road but she can say now, AVE MARIA!!!!!! I am now a full pledge member and an officer.

## Couturier Johnmar Flores



Aringay, La Union

In my visit to him at his house last January 26, 2025 he pointed his Rosary claiming he has not since prayed because of his problem. My advice to him was to continue praying the Rosary.

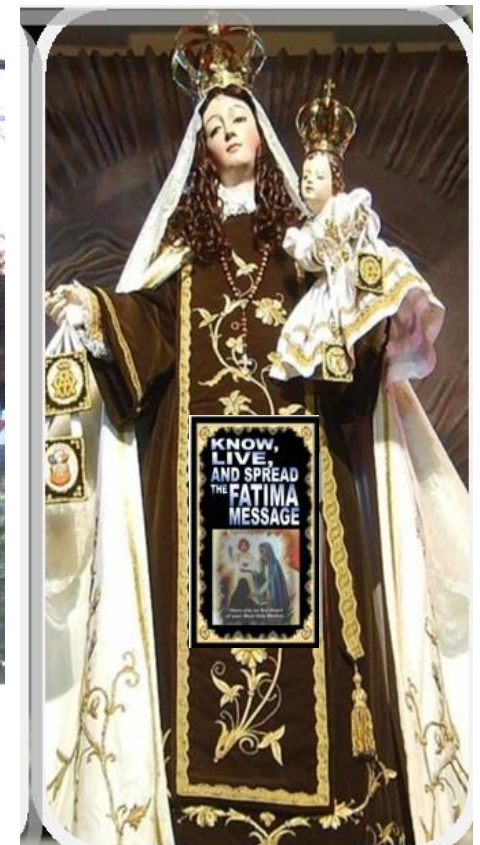
## BACK COVER

Johnmar Flores, claims we met 2006. He does our attire up to the present. He sewed the cover of the carriage that later carried the life-sized tin statue of St. Teresa of Avila on her Fifth Birth Centenary on 2015. We twins were Impressed us so much.

He asked, "What is your inspiration for the 2nd attire po?" Last February 16, 2025 Luz sent the photos included in the back cover as our attire on December 10, 2025 at Pontevedra, Spain.



John Flores made a perfect cloth covering for the cart of the life size statue of St. Teresa



## Ortega Twins Work Dedicated to Our Beloved Bishops



I remember visiting Bishop Artemio Rillera at Abra for his imprimatur for our book Holy Spirit. He was not yet our bishop in La Union. He opened his refrigerator and brought out coke in bottles. He said, "When are you going home?". My reply was, "right away". He went through the document very fast and affix his signature. Wow!

Argel, Ma. Nila O.

**A Bible-Enthusiast, Spirit-Filled Child of God**

Nihil obstat:

*[Signature]*

Msgr. Thaddeus F. Mercado, S.T.D.  
Vicar General  
Archdiocese of Nueva Segovia

Imprimatur:

*[Signature]*

+ Artemio L. Rillera, SVD. D.D.  
Bishop, Diocese of Bangued  
Northern Luzon Regional Catechetical Council, Bishop-In-Charge

January 16, 2004  
Luz and Nila 50th Birthday



The photo above shows Bishop Rillera, twin Nila, OCDS Formator Crisencia Cabigas and CKC Principal Lara. The occasion was the blessing of the Sts. Elijah and Elisha Holy Door, birthday of St. Teresa and Baptismal Date of Ortega Twins.

I went home for the Feast day of St. Teresa of Avila. Bishop Rillera saw at the Chancery and he asked, "How is Nila?". I left Nila at the Manila Heart Center. Well I told the Bishop Nila is fine. Back to the hospital, I learned from Edgardo Regalado that Bishop Rillera just died. Of course I cried.





Bishop Beltran was our new bishop as Bishop Rillera died. He grace our numerous activities. He went to Sea and Sky College to blessed our exhibits on Born For You and met Provincial Superior Angelo Madelo.

Before he died we went to see him at the PNP Compound. He affixed his imprimatur to our book. His hands were cold.

**Bishop Rodolfo Beltran**  
**Imprimatur: December 6, 2016**  
**Around the World: Teresa Forever!**



**Died June 17, 2017**



**February 6, 2015,**  
**Bishop Rodolfo Beltran,**  
**D.D. blesses the St.**  
**Teresa Pilgrim Statue.**

September 29, 2024

Dear Bishop Daniel O. Presto, D.D.

Tomorrow is the birthday anniversary of our late papa Evaristo Ortega. I write you now because on October 1, we twins will be in Manila for our OCDS activity of the 100th anniversary of St. Therese's canonization. We will attend mass to be officiated by Fr. Dan Lim, at the Minor Basilica of the National Shrine of Our Lady of Mt. Carmel.

During the 50th anniversary celebration of the Carmelite nuns last September 24, we invited Bishop Emeritus Tobias for our October 19, 2024 celebration. We believe that there is a possibility he will come. We forgot though to request if he could be the homilist.

Last September 26, Feast of Twin Sts. Cosmas and Damian, Fr. Ryan blessed the altar table with stained glass of the Fatima Visionaries. Also, the God the Father twin stairs.

Your Excellency, may we request from you the following?

1. Main mass celebrant
2. Blessing of columns
3. Blessing of three (3) water tanks

The first mass at the Bantay ni Ama ken Maria was held on December 8, 2004 in celebration of the 150th Proclamation of the dogma of the Immaculate Conception. During the 10th anniversary celebration of L U Consecration of the Philippines to God the Father, the late Bishop Artemio Rillera went up the tower for the blessing.

Yours truly in the Spirit of Carmel,

*Maria Luz O. Bolong*  
**MARIA LUZ O. BOLONG, OCDS**  
**President, World Apostolate of Fatima**

